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Mental Health Network







Bringing Together Physical and Mental Health

NHS Confederation – Integrated Care Systems

Integrated IAPT for long-term conditions and medically unexplained symptoms

Increase in physical health checks for people with severe mental illness

Improved integration with primary care through redesigned Community Mental Health Teams



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Introduction of nursing associates

Specialised smoking cessation service for people with severe mental illness

Use of digital to increase access to services

Upskilling of all health and care staff on mental health