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Events

# Closing the Gap in National Health Inequalities: The Way Forward

Tuesday 10<sup>th</sup> December  
Event Guide





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## How to Claim Your CPD Points

Regarding CPD credits, it is the individual delegate's responsibility to evaluate their learning and record it appropriately into their CPD portfolios according to your institute's requirements.

For this Conference, you are entitled to 8 CPD points.



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# Welcome Letter

Dear Delegate,

Welcome to Closing the Gap in Health Inequalities: The Way Forward conference.

This conference will provide you with a valuable opportunity to gain insight into best practice policies and initiatives from local authorities, public bodies, the voluntary sector and other organisations, who are tackling disparities in health care provision and delivery and optimising public health services and strategies.

If you have any questions or queries please ask our onsite management team, who will be more than happy to help you. They are located at the registration desk.

We hope you have a rewarding and enjoyable day.

Yours Truly,

David Blake  
Government Events



# Our Future Events

Please look at our website, [www.GovernmentEvents.co.uk](http://www.GovernmentEvents.co.uk),  
to view our future events. These include:

## [The 2<sup>nd</sup> Annual Future of Mental Health Services](#)

Tuesday 28<sup>th</sup> January 2020, Central London

## [The 2<sup>nd</sup> Annual Future of NHS Funding and Finance Conference](#)

Wednesday 5<sup>th</sup> February 2020, Central London

## [Delivering Better Integrated Care Conference: The Way Forward](#)

Tuesday 25<sup>th</sup> February 2020, Central London

## [Long-Term Conditions Conference 2020: Improving Quality of Care and Patient Outcomes](#)

Thursday 27<sup>th</sup> February 2020, Central London

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For any enquiries, please call 0330 0584 285 or email [Enquiries@governmentevents.co.uk](mailto:Enquiries@governmentevents.co.uk)

\*Programme Subject to Change



# Agenda AM

09:50-10:00

**Chair's Opening Remarks**

Dr Anuj Kapilashrami, Senior Lecturer in Global Health, Queen Mary University of London

10:00-10:20

**Morning Keynote: Reducing Disparities In Services And Outcomes To Achieve Mental Health Equity**

Andy Bell, Deputy Chief Executive, Centre for Mental Health

10:20-10:40

**Keynote Address: Tackling Contemporary Health Inequalities In England Through A Better Understanding Of Socio-Economic Risk Factors And Determinants**

Adam Tinson, Senior Analyst, Healthy Lives Team, The Health Foundation

10:40-11:00

**Question and Answer Session**

11:00-11:30

**Refreshment and Networking Break**

11:30-11:50

**Case Study: Developing Achievable Solutions To Reduce Health Inequalities Faced By Homeless People**

Rachel Brennan, #HealthNow Network Coordinator, Groundswell

11:50-12:10

**Case Study: Analysing The Success Of Programmes Aiming To Reduce Health Inequalities In Learning Disability Services**

Jacqueline Shapland, Lead Health Facilitation Nurse, North Staffordshire Combined Healthcare NHS Trust

Rosanna Zacune, Health Facilitation Nurse, North Staffordshire Combined Healthcare NHS Trust

Kieran Uttley, Acute Liaison Nurse for Learning Disabilities, North Staffordshire Combined Healthcare NHS Trust

12:10-12:30

**Case Study: Outlining Racial Disparities in Health and Social Care Outcomes**

Mackayla Forde, Project Officer, Community Links

David Johnson-Morgan, Project Officer, Community Links

12:30-12:50

**Question and Answer Session**

12:50-13:40

**Lunch and Networking**

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## Agenda PM

- 13:40-14:00 **Afternoon Keynote: Supporting And Promoting Health Equalities Through Good Urban Design And Planning**  
Chris Naylor, Senior Fellow, The King's Fund
- 14:00-14:20 **Case Study: Improving Outcomes For Patients With Learning Disabilities In The Welsh Healthcare System**  
Paula Phillips, Senior Improvement Manager, Improvement Cymru, Public Health Wales  
Beth Kruger, Senior Improvement Manager, Improvement Cymru, Public Health Wales
- 14:20-14:40 **Question and Answer Session**
- 14:40-14:50 **Refreshment and Networking Break**
- 14:50-15:10 **Case Study: Towards A Shared Understanding Of Urban Health**  
Rowena Estwick, National & International Partnerships Manager, Diversity & Inclusion Lead, Guy's and St Thomas' Charity
- 15:10-15:40 **Case Study: Retrospectively Reviewing Public Health Transformation Programmes in Local Authorities**  
Dr Leonora Weil, Acting Assistant Director, Public Health, Camden and Islington Public Health, London Boroughs of Camden and Islington
- 15:40-15:45 **Question and Answer Session**
- 15:45 **Chair's Summary and Close**

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# Speaker Biographies

## Dr Anuj Kapilashrami

Senior Lecturer in Global Health, Queen Mary University of London

Anuj is a Senior Lecturer in Global Health Policy with an interdisciplinary background in Sociology and Public health. Her work lies at the intersections of health politics and development praxis, with particular interest in their interface with gender, human rights and social justice. She has longstanding research interest and experience that spreads over twenty years in both academia and civil society/ development sector in South Asia and the UK.

Anuj's teaching, research and writing span areas of gender, health policy and governance, migration health, intersectional inequalities and structural determinants of health and gender violence. She has published widely in these areas including a recent edited volume on Global Health Governance and Commercialisation of Public Health in India with Routledge.



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## Andy Bell

Deputy Chief Executive, Centre for Mental Health

Andy Bell is deputy chief executive at Centre for Mental Health, an independent charity. The Centre's research, analysis and development works tackles inequalities in mental health. It is currently hosting the Commission for Equality in Mental Health, an 18-month investigation into what needs to change to address mental health inequalities nationally and locally. The Centre also hosts Equally Well UK, a collaborative to address physical health inequalities facing people with mental health conditions.



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## Adam Tinson

Senior Analyst - Healthy Lives Team, The Health Foundation

Adam is a Senior Analyst at the Health Foundation, working on the wider determinants of health – how where we grow up, work, live, and age affects our health. He is currently leading a programme of work focusing on the trends and inequalities in the economic determinants of health, including poverty, debt, and quality of work. Previously, Adam worked for the New Policy Institute, a thinktank working on poverty and disadvantage.



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## Rachel Brennan

#HealthNow Network Coordinator, Groundswell

Rachel joined Groundswell in November 2019 with over six years' experience working in homeless health. Previously she worked for Urban Village Medical Practice in Manchester where she was initially recruited as an outreach worker and progressed to Homeless Service Manager. Rachel is passionate about reducing health inequalities for people experiencing homelessness and in 2017 was awarded a Winston Churchill Memorial Trust Fellowship to research homeless healthcare in Norway, Denmark and the USA. She joins Groundswell to work on the #HealthNow project and will support partners Crisis and Shelter in Birmingham, Newcastle and Greater Manchester as well as developing and supporting the national #HealthNow alliance.



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## Jacqueline Shapland

Lead Health Facilitation Nurse, North Staffordshire Combined Healthcare NHS Trust

Jackie is a registered learning disability nurse with 29 years' experience. She is employed by Combined Healthcare NHS Trust. She has worked in a variety of healthcare setting across inpatient services. More recently her clinical practice has been in the community learning disability health team as the lead Health facilitation nurse, in addition to this she is a Nurse prescriber with a nurse led clinic weekly.

Jackie leads the health facilitation service which has a remit help improve health outcome for people with learning disability across primary and acute care in Stoke on Trent and Staffordshire.

## Rosanna Zacune

Health Facilitation Nurse, North Staffordshire Combined Healthcare NHS Trust

Rosanna has been a registered mental health nurse for 22 years. Since qualifying in 1997, she has worked within Learning disability services, in a variety of settings. This includes domiciliary care, supported living, residential care home manager and nursing care provision. Peoples care and support needs within these services vary from married couples living independently to people with profound multiple disabilities and complex health needs, needing 24-hour care. Rosanna is part of the Health Facilitation Team based in Stoke On Trent, which has the service aim to improve health outcomes for all people with a learning disability across the city. It is hoped that by raising awareness of the health concerns people face, challenging disparities and supporting primary health care services to make reasonable adjustments, that this can be achieved.

## Kieran Uttley

Acute Liaison Nurse for Learning Disabilities, North Staffordshire Combined Healthcare NHS Trust

Kieran is a Registered Learning Disability Nurse who trained at Keele University. He currently works as an Acute Liaison Nurse for Learning Disabilities at a large Acute Trust. He has been part of Combined Healthcare's Community Learning Disability Team for 3 years and previously worked within the Intensive Support Team and Community Learning Disability Team, supporting complex clients back into Community Services. Kieran has had a strong interest in reducing the Health Inequalities people with a Learning Disability face, since starting his Nurse Training. His dissertation was on the Gastrointestinal Health needs of People with a learning disability.



## Mackayla Forde

Project Officer, Community Links

Mackayla is a Project Officer working with Community Links; a long established, collaborative social action charity based in Newham. She works with a team of Project Officers and Health Facilitators to deliver bowel, breast and cervical screening programs across London.

In 2018 she completed a BSc in Public Health and Health Promotion at the University of East London; her dissertation focussed on the mental health impact of gentrification on BAME groups in East London. This year she completed an MSc in Global Health Law and Governance at Queen Mary, University of London. Her thesis titled: "An intersectional critique of historical and contemporary cannabis regulation in USA: Necropolitics, Race and Social Justice" evaluated the racialized historical foundations and consequences of modern-day drug policy.

## David Johnson-Morgan

Project Officer, Community Links

David Johnson-Morgan is a Project Officer working for Community Links on health projects since June 2019. He's worked on projects for Newham CCG and Health Collaborative, raising population cancer awareness and acquiring feedback from local GP patients respectively.

Previously, he was employed by the Guardian News and Media group in London in an editorial capacity and by a GP federation in Bristol as a Special Projects Manager.

David completed an undergraduate degree in Biological Sciences at the University of Warwick and recently received a Master's in Public Health Policy from City, University of London.

David's published research includes analysis of the effectiveness of social prescribing for alleviating loneliness and isolation in the elderly, as well as, critical synthesis of punctuated equilibrium theory.







## Chris Naylor

Senior Fellow, The Kings Fund

Chris conducts research and policy analysis and acts as a spokesperson for The King's Fund on a range of topics. He contributes to The King's Fund's work on integrated care and health system reform and has particular interests in mental health and the relationships between community, health and place. He is a coach and an experienced facilitator and works with leaders in the health system to support practical change.

Before joining The King's Fund in 2007, Chris worked in research teams in a number of organisations including the Institute of Psychiatry and the Public Health Foundation of India in Delhi. He has an MSc in Public Health from the London School of Hygiene & Tropical Medicine and a BA in natural sciences from the University of Cambridge.



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## Paula Phillips

Senior Improvement Manager, Public Health Wales

Paula has practiced as a Learning Disability Nurse (LDN) for the past 30 years, in a range of clinical settings from long stay hospitals, Acute Assessment unit and Community Learning Disability Teams. She has delivered clinical assessment and intervention in areas such as the resettlement of individuals from long stay hospitals, Epilepsy liaison, Nurse Care Management, transition services for young people with complex health needs. Before taking up her current service improvement lead role, Paula was Lead Clinical Community Learning Disability Nurse and Lead Nurse for Primary Care Liaison where scoping of uptake and quality of annual health checks for people with learning disabilities was undertaken. Findings from this work have informed the national programme.

In 2010 – 2011 Paula received the Welsh Assembly Government Community Learning Disability Nurse of The Year award for work preparing people with learning disabilities for annual health checks. Paula is passionate about reducing the health inequalities faced by people with learning disabilities

## Bethany Kruger

Senior Improvement Manager, Public Health Wales

An experienced qualified learning disability nurse both as a practitioner and academic of 25 years. Beth's experience spans from private hospitals, to managing community teams and leading new and innovative projects in the NHS. Beth also works at the University of the West of England as a Senior Lecturer cultivating the next generation of learning disability nurses.

Beth has been a passionate advocate for the unjust and avoidable differences in the health outcomes for people with a learning disability for many years. She is now a Service Improvement Manager, leading the implementation of the Health Equalities Framework (HEF) across Wales. The Health Equalities Framework is one of the key priorities in the Welsh Government 'Improving Lives Programme' for people with a learning disability. The Improving Lives Programme aims to address and improve the lives of people with a learning disability in Wales across a life span.



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## Rowena Estwick

National & International Partnerships Manager, Diversity & Inclusion Lead, Guy's and St Thomas' Charity

Rowena's role builds strategic partnerships with key stakeholders to support the Charity's aims as an urban health foundation. She works with partners nationally and internationally to build and share the Charity's knowledge in urban health and supports our indirect influencing through sharing our programme insights and raising the Charity's profile. She currently leads on our urban health work and supports partners on the London Child Obesity Taskforce and the Taskforce on Multiple Conditions.

Rowena has 20 years of experience working in VCS and was awarded a Lambeth Civic Award for her work with young people. She is currently a Trustee of a multi-trust academy and holds an MA in Urban Regeneration from Westminster University and a BSc honours degree in Environmental Science from Kingston University.



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## Dr Leonora Weil

Acting Assistant Director, Public Health, Camden and Islington Public Health, London Boroughs of Camden and Islington

Dr Leonora Weil qualified as a doctor in 2009 from The Royal Free and University College Medical School in London. She has a degree in Natural Sciences from Cambridge University and a Master's in Public Health from the London School of Hygiene and Tropical Medicine. She currently works in Public Health and has an ongoing interest in Medical Education.



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15:10 – 15:40

## Thank you for attending our conference.

We hope you found the day interesting and insightful. Speaker presentations will be made available to download on completing the post show survey which will be emailed to you within one week after the event.

We wish you a safe journey home.

Government Events, 90 Long Acre, Covent Garden, London, WC2E 9RZ  
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