



Government
Events

The 2nd Annual Future of Mental Health Services

Tuesday 28th January
Event Guide



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Regarding CPD credits, it is the individual delegate's responsibility to evaluate their learning and record it appropriately into their CPD portfolios according to your institute's requirements.

For this Conference, you are entitled to 8 CPD points.



Wi-Fi

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Welcome Letter

Dear Delegate,

Welcome to the 2nd Annual Future of Mental Health Services conference.

This conference will provide you with a valuable opportunity to gain insight into best practice policies and initiatives from local authorities, public bodies, the voluntary sector and other organisations, who are tackling disparities in mental health care provision and delivery and optimising mental health services and strategies.

If you have any questions or queries please ask our onsite management team, who will be more than happy to help you. They are located at the registration desk.

We hope you have a rewarding and enjoyable day.

Yours Truly,

David Blake
Government Events



Our Future Events

Please look at our website, www.GovernmentEvents.co.uk,
to view our future events. These include:

[The Better Protecting the NHS Workforce: Tackling Violence and Increasing the Safety and Wellbeing of NHS Staff Conference](#)

Thursday 23rd April, Central London

[The National Suicide Prevention Conference 2020](#)

Tuesday 28th April, Central London

[The Hospital Admissions Event 2020: Improving Patient Flow, Reducing Unnecessary Admissions And Discharging Efficiently](#)

Wednesday 20th May, Central London

[The Adult Safeguarding Conference 2020: Preventing And Protecting Against Harm To Vulnerable Adults](#)

Thursday 21st May, Central London

For any enquiries, please call 0330 0584 285 or email Enquiries@governmentevents.co.uk

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Agenda AM

- 08:45-09:30 **Registration**
- 09:30-09:40 **Chair's Opening Remarks**
Sean Duggan, Chief Executive, Mental Health Network, NHS Confederation
- 09:40-10:00 **Keynote Address: The Mental Health Network: Promoting Excellence In Mental Health Services**
Sean Duggan, Chief Executive, Mental Health Network, NHS Confederation
- 10:00-10:25 **Keynote Address: Encouraging Joined-Up Working And Resource Sharing Between Health Services And Local Authorities**
Ed Davie, Community Lead, Mental Health Foundation and Cabinet Member for Health and Adult Social Care, London Borough of Lambeth

10:25-11:00 **Question and Answer Session**

11:00 -11:30 **Refreshment and Networking Break**

- 11:30-11:50 **Keynote Address: How Mental Health Services Play Their Part In The Wider Mental Health System And Why We Need A Long Term Plan**
Gregor Henderson, National Lead for Wellbeing and Mental Health, Public Health England
- 11:50-12:10 **Case Study: Improving Physical Health Assessments In A Secure Mental Health Setting**
Louisa Mubika, Registered Mental Health Nurse, South West London and St George's Mental Health NHS Trust
- 12:10-12:30 **Case Study: Promoting Staff Wellbeing and Managing Stress in the Workplace**
Dr Anupama Rammohan, Consultant Clinical Psychologist/ Clinical Lead, CNWL Talking Therapies Service Brent

12:30-12:50 **Question and Answer Session**

12:50-13:40 **Lunch and Networking**

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Agenda PM

13:40-14:00

Case Study: Improving Mental Health Ward Outcomes Through The Introduction Of A Mobile Dental Unit

Tony Longbone, Degree Apprentice RMN, University of Derby and Nursing Assistant, Derbyshire Healthcare NHS Foundation Trust

14:00-14:20

Case Study: Tackling Mental Health Stigma And Discrimination

Jo Loughran, Director, Time to Change

14:20-14:40

Case Study: Reducing Disparities In Services And Outcomes To Achieve Mental Health Equity

Andy Bell, Deputy Chief Executive, Centre for Mental Health

14:40-15:00

Question and Answer Session

15:00-15:20

Refreshment and Networking Break

15:20-15:40

Keynote Address: Monitoring the Mental Health Act in 2018/19: Identifying Key Areas for Improvement

Richard Kelly, Head of Mental Health Policy, Care Quality Commission

15:40-16:00

Case Study: Developing Health, Wellbeing and Resilience Education to Enable Students to Report Mental Health Issues

Liz Leek, Vice Principal, Barnsley College

16:00-16:20

Question and Answer Session

16:20

Chair's Summary and Close

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Speaker Biographies

Sean Duggan

Chief Executive, Mental Health Network, NHS Confederation

Sean Duggan joined the Mental Health Network as Chief Executive in November 2016. Sean is passionate about raising standards of care and treatment of mental health services and improving lives of those who use services and their carers. His focus is on influencing politicians, policy makers and heads of public sector organizations and other key stakeholders to deliver evidence-based intervention with a sound economic basis.

Previously, Sean joined the Centre for Mental Health as director of Criminal Justice Programme in 2006 and became Chief Executive in 2011. Immediately before joining the Centre, Sean was Director of Health and Social Care for Criminal Justice at the London Development Centre and offender health consultant for the Department of Health. He trained as a registered mental health nurse in Sussex, where he also held his first NHS Board Director's post.

Sean was Vice Chair of the National Advisory Group to the Health and Criminal Justice Programme Board, which was set up following the Bradley report in 2009 until its conclusion in 2011. Sean is a Professorial Fellow at the Institute of Mental Health and in 2013 was awarded the President's Medal by the Royal College of Psychiatrists.



09:30-10:00

Ed Davie

Ed Davie, Community Lead, Mental Health Foundation and Cabinet Member for Health and Adult Social Care, London Borough of Lambeth

Ed is dedicated to improving the lives of residents in Lambeth and is responsible for the health and wellbeing strategy and public health in his remit as a cabinet member at Lambeth Council. He was also instrumental in helping Guy's and St Thomas's NHS Hospital Trust to become an accredited Living Wage Employer, which in turn has helped to lift hundreds out of poverty. In 2013, Ed was awarded the Local Government Information Unit Scrutineer Award for his work to help prevent further deaths of black mental health service-users in the wake of the Sean Rigg case. Ed also won the Guild of Health Writers Campaign Journalist of 2010 award for stopping private hospitals refusing to treat NHS patients with mental health conditions. Ed also works as a community lead at the Mental Health Foundation and strives to improve the ability of local communities to develop tools that improve the resilience of their mental health services.



10:00-10:25

Gregor Henderson

National Lead for Wellbeing and Mental Health, Public Health England

Gregor is the National Lead for Mental Health and Wellbeing for Public Health England (PHE). PHE works to protect and improve the nation's health and reduce health inequalities. Mental health is one of PHE's 10 priorities from 2020-25. The work covers promotion and prevention, suicide prevention, improving the lives and health of people living with and recovering from mental illness and improving the public's literacy about mental health. Gregor has been with PHE since its establishment in April 2013.



11:30 -11:50



Louisa Mubika

Registered Mental Health Nurse, South West London and St George's Mental Health NHS Trust

Louisa is a registered mental health nurse and works to improve mental health services and physical health monitoring in busy London wards. She recently worked towards opening an in-ward Physical Health clinic that provides information on healthy lifestyles. Louisa has also worked to improve the ability of staff to monitor patients' physical health, particularly when service users have declined to have their vital signs taken.



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11:50-12:10

Dr Anupama Rammohan

Consultant Clinical Psychologist/ Clinical Lead, CNWL Talking Therapies Service Brent

Dr Anupama Rammohan is a consultant clinical psychologist and CBT therapist by background and has been the Clinical Lead of the Brent Talking Therapies (IAPT) Service (which is part of CNWL NHS Foundation Trust). She has worked for the NHS and IAPT for several years in varied roles and has a special interest in staff wellbeing and promoting wellbeing at work.



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12:10-12:30

Tony Longbone

Degree Apprentice RMN, University of Derby and Nursing Assistant, Derbyshire Healthcare NHS Foundation Trust

Tony Longbone is a first-year student mental health nurse studying at the University of Derby. He has worked within mental health services for around thirteen years in a number of different roles based in both inpatient and community settings. During this time, he has always aspired to become a qualified nurse and he is proud to have finally achieved this goal through joining the Apprentice Nurse program.

Tony has developed a passion for quality improvement and feels fortunate to have supported colleagues in implementing both local and service level changes. He is also passionate about raising awareness of mental health which he does by delivering both Time to Change and Dementia Friends sessions to people of all ages.



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13:40-14:00

Jo Loughran

Director, Time to Change

Jo is an experienced leader and strategic thinker with over a decade of involvement in the UK charity sector pulling on her specialist knowledge of behaviour change campaigns, mental health anti-stigma programmes, and lived experience leadership.

Director of Time to Change since 2016, Jo leads the team to improve public attitudes and behaviour towards people with mental health problems, reduce discrimination people with mental health problems report in personal relationships, social lives and at work as well as making sure even more people can take action to challenge stigma and discrimination in their communities, in workplaces, in schools and on-line.

Jo has been employed by Rethink Mental Illness for the last 16 years and, in her previous capacity as the Head of the Time to Change's Children and Young People's programme led the development from concept to implementation of England's largest comprehensive mental health anti-stigma programme aimed at young people aged 11 to 18, and their parents.

With her own personal experience of mental health problems which began in her teenage years, Jo is passionate about creating an environment where no-one has to feel isolated or ashamed to speak out. She likes to think that she can run (well, ... fast walk) and sometimes completes the odd 10k and half marathon with the mantra: slow and steady wins the race!



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14:00-14:20



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Andy Bell

Deputy Chief Executive, Centre for Mental Health

Andy Bell is deputy chief executive at Centre for Mental Health, an independent charity. The Centre's research, analysis and development works tackles inequalities in mental health. It is currently hosting the Commission for Equality in Mental Health, an 18-month investigation into what needs to change to address mental health inequalities nationally and locally. The Centre also hosts Equally Well UK, a collaborative to address physical health inequalities facing people with mental health conditions.



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14:20-14:40

Richard Kelly

Head of Mental Health Policy, Care Quality Commission

Richard joined CQC as Head of Mental Health Policy in Autumn 2019. He has worked in national health and care policy since 2006. Previous roles include Deputy Director for Serious Mental Illness and Offender Health at DHSC, and Secretary to the Independent Review of the Mental Health Act 1983.



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15:20-15:40

Liz Leek

Vice Principal, Barnsley College

Liz is from London and has a degree in Theatre. Her career in education has seen her teaching performing arts, managing large curriculum provision in Creative and Cultural Industries, Principal of two Sixth Form Colleges and as a Consultant- in Management in a variety of colleges and in Creative Leadership for London Business School. She is a Governor at a Barnsley School and, following two years as Principal of Barnsley Sixth Form College, is now Vice Principal Curriculum and Culture and Senior Post Holder at Barnsley College.

Liz lives in Nottingham with her partner and their cats. She's a new recruit to the Barnsley Singers and in her spare time she bakes. Liz can fire-eat.



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15:40-16:00

Speaker Biographies



Delegate List

Barnsley College, *Assistant Principle-Students*
Barnsley College, *Head of Department*
Bolton at Home Ltd, *UCAN Manager*
Bolton at Home Ltd, *UCAN Project Officer*
Bolton at Home Ltd, *UCAN Volunteer*
Bournemouth Borough Council, *BCP Council, Adult Social Care, Head of Learning Disability & Mental Health Services*
Bournemouth Borough Council, *Integrated Service Manager, Poole Integrated Community Mental Health Services*
Bournemouth Borough Council, *Service Manager, Mental Health, West Bournemouth Locality*
Carers in Hertfordshire, *Involvement Team Leader*
Chailey Heritage Foundation, *Seymour Manager*
Choice Support, *Head of Community Services*
Choice Support, *Head of Operations, Mental Health Accommodation*
Clarion HG, *Head of Strategic Partnerships & Projects*
Clarion HG, *Neighbourhood Investment Manager*
Combat Stress, *Director of Operations*
Department for Environment, Food and Rural Affairs, *Personal Assistant*
Department of Justice, *Director of Mental Health, Disability & Older People*
Devon Partnership NHS Trust, *Chief Operating Officer*
Durham County Council, *Strategic Manager, MH/LD/Substance Misuse and Transitions*
Gen2, *Degree Programme Assessor & Mental Health First Aider*
Gen2, *Mechanical Trainer & Mental Health First Aider*
Government of Jersey, *Group Managing Director of Health & Community Services*
Government of Jersey, *Associate Managing Director (Care Groups) Health & Community Services*
Gray Healthcare, *Operations Manager*
Gray Healthcare, *Strategic Healthcare Lead*
Hexagon Housing Association, *Care Services Manager & Safeguarding Lead*
HMCTS, *Customer Capability Lead*
Home Office, *HEO*
Imagine Independence, *Director of Mental Health and Criminal Justice Services*
Kingston Grammar School, *Nurse*
Kingston Hospital NHS Foundation Trust, *Matron*
Leicestershire County Council, *Senior Learning and Development Adviser*
Local Government & Social Care Ombudsman, *Investigator*
Local Government & Social Care Ombudsman, *Investigator*
Longhurst Group, *Director of Care and Support*
Mansfield District Council, *Portfolio Holder Safety Communities and Wellbeing*
Mental Health Commission, *Inspector of Mental Health Services*
Mental Health Commission, *Director Standards and Quality Assurance & Director Training and Development*
Mid Sussex District Council, *Community Services Manager*
Ministry of Justice, *Governance Business Partner*
Ministry of Justice, *Mental Health Allies Project Lead*
Ministry of Justice, *Rowena Littlewood*
Ministry of Justice, *Senior Accountant*
Natural England, *Fisheries Specialist*
NHS Southend Clinical Commissioning Group and Southend-on-Sea Borough Council, *Director of Integration and Partnerships*
Norfolk & Suffolk NHS Foundation Trust, *Mental Health Liaison Nurse*
Norfolk & Suffolk NHS Foundation Trust, *Mental Health Liaison Nurse*
Nottinghamshire Healthcare NHS, *Head of Projects*
Nurseline Healthcare, *Commercial Director*



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Peaks and Plains Housing Trust, Tenancy Sustainment Officer
Peaks and Plains Housing Trust, Enforcement Officer
Public Health England South East, Health and Wellbeing Programme Manager
Registers of Scotland, Health and Safety Adviser
Somerset Partnership NHS Foundation Trust, Service Director, Mental Health & Learning Disabilities
Somerset Partnership NHS Foundation Trust, Deputy Service Director
South Cambridgeshire District Council, Development Officer, Health
South Downs National Park Authority, Performance and Project Manager
South Downs National Park Authority, Health and Well-Being Officer
Southdown Housing Association, Service Lead
St Cuthbert Mayne School, Head of Social Science
St George's Hospital, Quality Matron
St Mungo's, Case Coordinator
Stockport Metropolitan Borough Council, Head of Service
The Charity for Civil Servants, Director of Help and Advice
The Institute, Head of MH & AD Services
The National Examination Board In Occupational Safety And Health, Head of Product Development
The National Examination Board In Occupational Safety And Health, Head of Strategy
The National Examination Board In Occupational Safety And Health, Director of HR
The National Lottery Community Fund, Funding Manager
The National Lottery Community Fund, Funding Manager
The Valuation Tribunal Service, HR Officer
Thurrock Council, Occupational Health Advisor
Thurrock Council, HR Business Partner
Thurrock Council, Team Lead, School Wellbeing Service
Two Saints Limited, Contracts and performance manager
Worcestershire Health & Care NHS Trust, Community Lead
Worcestershire Health & Care NHS Trust, Acute Lead
Worcestershire Health & Care NHS Trust, Clinical Lead
Worcestershire Health & Care NHS Trust, Operational Team Manager
Worcestershire Health & Care NHS Trust, Consultant Psychiatrist
Young Foundations Ltd, Regional Manager



Thank you for attending our conference.

We hope you found the day interesting and insightful. Speaker presentations will be made available to download on completing the post show survey which will be emailed to you within one week after the event.

We wish you a safe journey home.

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