



Government  
Events

# The Mental Health Services Conference

Wednesday 27<sup>th</sup> January 2021

Event Guide





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For this Conference, you are entitled to 8 CPD points.



# Welcome Letter

Dear Delegate,

Welcome to the Mental Health Services Conference

Mental Health is one of the biggest challenges to the UK's health system and Covid-19 has magnified this challenge. The WHO has predicted that many people experiencing mental health problems will have experienced a worsening of symptoms during the COVID19 pandemic, and the long-term impact of this pandemic on mental health in the UK is as yet unclear.

The NHS is aiming to increase access to mental health services through funding committed in the Five Year Forward View and the Long Term Plan; as we shift towards implementation it is important to review mental health services on a local and national level to ensure this is delivered.

- Mental ill health is responsible for 72 million working days lost, and costs an estimated £105 billion in England per year
- The NHS has committed an investment fund worth at least £2.3 billion a year by 2023/24 to mental health services
- There was a 12% drop in the number of registered mental health nursing posts between November 2009 and July 2019 and Psychologists have been added to the list of occupation shortages
- 46% of people with a mental health problem have a long-term condition, approximately 4.6 million people

At the **Mental Health Services Conference 2021** you will hear updates and the latest thinking surrounding mental health services in the UK. Listen to a series of selected best practice case studies across a range of settings to discover key improvements you can make in your services. Network with colleagues from NHS trusts, local authorities, third sector organisations and other providers of mental health services and support to discuss current challenges and how to address them.

If you have any technical issues, please get in touch with our technical team through the support button at the top of the EventsAir platform.

We hope you have a rewarding and enjoyable day.

Yours Truly,

David Blake  
Government Events



# Agenda AM

09:00-09:50 **Online Registration**

09:50-10:00 **Chair's Welcome Address**

Sean Duggan, Chief Executive, Mental Health Network, NHS Confederation

10:00-10:20 **Keynote Address: How Mental Health Services fit into the Wider Mental Health System in the UK**

Gregor Henderson, National Lead for Wellbeing and Mental Health, Public Health England

10:20-10:40 **Case Study: Taking a Preventative Approach to Local Mental Health Services and Support**

Ed Davie, Cabinet Member for Health and Adult Social Care, Lambeth Council, Local Government Mental Health Champion & Wellbeing Committee Member, LGA

10:40-11:00 **Questions & Answers Session**

11:00-11:15 **Comfort Break**

11:15-11:45 **Breakout Networking**

11:45-12:05 **Keynote Address: Mental Health Equalities: Improving Mental Health Services for Disadvantaged Groups**

Andy Bell, Deputy Chief Executive, Centre for Mental Health

12:05-12:15 **Questions and Answers**

12:15-13:00 **Lunch Break**

\*Programme Subject to Change



# Agenda PM

- 13:00-13:20 **Case Study: Improving SMI Physical Health Checks Through the Primary Care Mental Health Alliance**  
Dr Rhiannon England, GP Clinical Lead for Mental Health, City and Hackney CCG
- 13:20-13:40 **Case Study: Advancing our Understanding of High Intensity Crisis Care**  
Paul Jennings, Network Director, High Intensity Network
- 13:40-14:00 **Case Study: Implementing a Cost-Effective Step In/Step Down Mental Health Service**  
Dereck Caren, Chief Executive, Richmond Fellowship
- 14:00-14:20 **Question and Answer**
- 14:20-14:40 **Comfort Break**
- 14:40-15:00 **Case Study: Developing the Mental Health Social Care Workforce to Support Mental Health Services**  
Ella Joseph, Co-Chief Executive, Think Ahead
- 15:00- 15:20 **Case Study: You are Not Alone: Supporting Young People at Risk of Suicide in the Community**  
Zoe Reynolds, Head of Pathways and Programmes, Body & Soul
- 15:20- 15:40 **Questions and Answers**
- 15:40 **Chair's Summary and Close**

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# Speaker Biographies

## Sean Duggan

Chief Executive, Mental Health Network, NHS Confederation

Sean Duggan joined the Mental Health Network as Chief Executive in November 2016. Sean is passionate about raising standards of care and treatment of mental health services and improving lives of those who use services and their carers. His focus is on influencing politicians, policy makers and heads of public sector organizations and other key stakeholders to deliver evidence based intervention with a sound economic basis.

Previously, Sean joined the Centre for Mental Health as director of Criminal Justice Programme in 2006, and became Chief Executive in 2011. Immediately before joining the Centre, Sean was Director of Health and Social Care for Criminal Justice at the London Development Centre and offender health consultant for the Department of Health. He trained as a registered mental health nurse in Sussex, where he also held his first NHS Board Director's post.

Sean was Vice Chair of the National Advisory Group to the Health and Criminal Justice Programme Board, which was set up following the Bradley report in 2009 until its conclusion in 2011. Sean is a Professorial Fellow at the Institute of Mental Health and in 2013 was awarded the President's Medal by the Royal College of Psychiatrists.

## Gregor Henderson

National Lead for Wellbeing and Mental Health, Public Health England

Gregor is the National Lead for Mental Health and Wellbeing for Public Health England (PHE). PHE works to protect and improve the nation's health and reduce health inequalities. Mental health is one of PHE's 10 priorities from 2020-25. The work covers promotion and prevention, suicide prevention, improving the lives and health of people living with and recovering from mental illness and improving the public's literacy about mental health. Gregor has been with PHE since its establishment in April 2013.

## Ed Davie

Cabinet Member for Health & Adult Social Care, Lambeth Council, Local Government Mental Health Champion & Wellbeing Committee Member, LGA

Ed has been a senior local government councillor and health communications and policy professional for over a decade - working for the British Medical Association, the Royal College of Pathologists and the Mental Health Foundation, among others.

Although he has an academic background, having studied public health and social determinants of health at King's College London and University College London, he is most interested in practical action to improve the factors that affect outcomes.

To that end he supported all three of Lambeth's NHS Trusts, collectively employing over 40,000 people, to get Living Wage accredited giving hundreds of cleaners, caterers and porters £100 a week pay rises.

He also initiated and chaired the Lambeth Black Health and Wellbeing Commission to improve mental illness prevention and treatment with the local black communities who were suffering disproportionate levels of serious mental illness.

Currently a freelance policy consultant and Lambeth Council Cabinet Member for Children and Young People he is focused on improving outcomes for under-25-year-olds, the years when the foundations of lifetime health are laid.

## Dr Rhiannon England

GP Clinical Lead for Mental Health, City and Hackney CCG

Dr England has been a GP for 30 years working in City and Hackney as a principal and also worked in Holloway prison as a part-time GP.

For the past 7 years she has been the mental health clinical lead at City and Hackney CCG. We have prioritised reducing inequality in mental health provision, including addressing the physical health care needs of people with severe and enduring mental illness. We have done this through extensive primary care training and support, by addressing IT issues practically and by forming a Primary Care Alliance of voluntary sector, secondary care services, GP Confederation and our local academic partners.

Dr England's other interests are in medically unexplained symptoms and refugee and homeless health.





## Paul Jennings

Network Director, High Intensity Network

Paul is a former mental health specialist police officer from Hampshire. He played a leading role in the development of Street Triage teams in 2012 and is now the National Director for the High Intensity Network; a professional partnership of 22 MH Trusts, 18 Police Forces and 4 Ambulance Trusts, all committed to delivering better standards of response, support and prevention for the most chaotic and challenging crisis patients across the NHS. He is an NHS Innovation Accelerator Fellow and was a TedxNHS Speaker in 2016. His mental health innovations have won 4 National Awards including the Nursing Times Prince of Wales Award for Integrated Care and two HSJ Awards.

## Derek Caren

Chief Executive, Richmond Fellowship

Derek is Chief Executive of the national mental health charity Richmond Fellowship, and the wider Recovery Focus group of charities. His career started in frontline social work within community based mental health teams and in clinical teams on acute admissions and rehabilitation wards of NHS hospitals.

As part of the 'Care in the Community' drive in the 1980s, he was heavily involved in the re-provision of outdated psychiatric hospitals into new community based alternatives, working with housing associations, local authorities, health authorities, service users and their relatives. He has held senior positions in large national organisations, providing diverse services to a range of people from women fleeing domestic violence and children leaving the care sector to ex-forces personnel.

Since his appointment Derek has built Recovery Focus – a group of charities with the shared aim to Inspire Recovery Together. He has successfully managed the mergers of six organisations, the most recent being when the Domestic Violence Intervention Project (DVIP) joined the Group in 2018

## Andy Bell

Deputy Chief Executive, Centre for Mental Health

Andy Bell is deputy chief executive at Centre for Mental Health, an independent charity. The Centre's research, analysis and development works tackles inequalities in mental health. It is currently hosting the Commission for Equality in Mental Health, an 18-month investigation into what needs to change to address mental health inequalities nationally and locally. The Centre also hosts Equally Well UK, a collaborative to address physical health inequalities facing people with mental health conditions.

## Ella Joseph

Co-Chief Executive, Think Ahead

Ella Joseph is the Chief Executive of Think Ahead – a charity that works in partnership with NHS Trusts and Local Authorities across England to strengthen their mental health services. Think Ahead recruits and trains graduates to become mental health social workers, who support people with severe mental illness to address social factors like relationships, living arrangements and employment, that have profound effects on mental wellbeing. Before Think Ahead, Ella spent 10 years working in a number of Whitehall departments, including Education and the Treasury. She is passionate about giving mental health the level of interest, innovation, and support it deserves.

## Zoe Reynolds

Head of Pathways and Programmes, Body & Soul

Zoë is the Head of Pathways and Programmes at Body & Soul. She has worked in the field of psychology for over 12 years across private and public sector services in therapeutic and management roles working with a diverse range of people who have experienced adversity and distress. She trained originally in the Cognitive Behavioural Therapy approach working in IAPT services, and over time has integrated Compassion Focused Therapy principles and learning gained from achieving an MSc in Clinical and Community psychology into her work supporting individuals, as well as transferring this knowledge into supporting teams and systems that nurture those living with the effects of trauma.



# Delegate List

**A2Dominion**, *Community Investment Projects Team Manager*  
**ACas**, *Senior Policy Advisor*  
**Ambrose Alli University**, *Student*  
**Anchor Hanover Group**, *Customer Engagement and Insight Manager*  
**Apax**, *Research & Development Analyst*  
**Apax**, *Head of Services*  
**Apax**, *Director*  
**ARK**, *Registered Operations Manager*  
**Astrea Academy Trust**, *Deputy Director of Inclusion - Safeguarding*  
**Astrea Academy Trust**, *HR Advisor*  
**Barchester Healthcare**, *Divisional Director, Hospitals and Complex Care*  
**Barchester Healthcare**, *Regional Director, Hospitals and Complex Care Division*  
**Bede's Senior School**, *Lead School Nurse*  
**Belfast Health & Social Care Trust**, *Co Director Mental Health & CAMHS*  
**Belfast Health & Social Care Trust**, *Chair of Divison Mental Health & CAMHS*  
**Belfast Health & Social Care Trust**, *Divisional Nurse Mental Health & CAMHS*  
**Bishop Grosseteste University**, *Head of Student Support*  
**Care UK**, *Deputy Theatre Manager*  
**Care UK**, *Head of Nursing & Clinical Services*  
**Carr Gomm**, *Senior Operations Manager*  
**Centre Point**, *Mental Health Adviser*  
**Centre Point**, *Mental Health Adviser*  
**Centre Point**, *Mental Health Adviser*  
**Centre Point**, *Senior Mental Health Adviser*  
**Cheshire West and Chester Council**, *Councillor*  
**Choice Support**, *Director of Business and Development*  
**Choice Support**, *Head of Business Development*  
**East London Foundation Trust**, *Deputy Borough Director*  
**East London Foundation Trust**, *Community Services Manager*  
**East London NHS Foundation Trust**, *Diabetes Specialist Nurse in Mental Health*  
**East of England Ambulance NHS Trust Hospital**, *Mental Health Advanced Practitioner*  
**East of England Ambulance NHS Trust Hospital**, *Mental Health Nurse*  
**East of England Ambulance NHS Trust Hospital**, *Clinical Lead – Mental Health*  
**East Sussex NHS Trust**, *Named Nurse Adult Safeguarding*  
**East Sussex NHS Trust**, *Head of Safeguarding*  
**East Sussex NHS Trust**, *Named Nurse Children*  
**Emmaus UK**, *Learning and Development officer*  
**Epsom & St Helier NHS Foundation Trust**, *Deputy Chief Nurse*  
**Frimley Health NHS Foundation Trust**, *Head of Safeguarding Vulnerable & Adults*  
**Grand Union Housing Group**, *Wellbeing & Support Team Leader*  
**Grand Union Housing Group**, *Life24 & Visiting Manager*  
**Guernsey Law Enforcement**, *Police Inspector*  
**Guy's & St Thomas' NHS Foundation Trust**, *Director of Vulnerable Adults*  
**Guy's & St Thomas' NHS Foundation Trust**, *Trust Mental Health Lead*  
**HC-One**, *Head of Colleague Engagement & Culture*  
**HC-One**, *Employee Engagement & Culture Specialist (AG)*  
**Health Innovation network South London**, *Head of Mental Health*  
**Hertfordshire Constabulary**, *Detective Chief Inspector*  
**Independent Office for Police Conduct**, *Operations Learning & Development Officer*  
**Independent Office for Police Conduct**, *Casework manager*  
**Independent Office for Police Conduct**, *Survivor Engagement Manager*  
**Inverclyde HSCP**, *Mental Health Officer*  
**Kingston Hospital NHS Foundation Trust**, *Matron*  
**Leicester City Council**, *Councillor*





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**Leicester City Council**, *Consultant in Public Health*  
**Leyton Sixth Form College**, *College counsellor*  
**Leyton Sixth Form College**, *Safeguarding manager*  
**Longhurst Group**, *Care and Support Senior Service Manager*  
**Midlands Partnership Foundation Trust**, *Operational Lead Liaison Mental Health*  
**Midsussex District Council**, *Alcohol Wellbeing Advisor*  
**NELFT**, *Integrated Care Director*  
**NHS Castlepoint and Rochford CCG**, *Director for Mental Health*  
**NHS Greater Glasgow and Clyde**, *Consultant Psychiatrist / Acting Clinical Director*  
**Parkside medical centre**, *Advanced Nurse Practitioner*  
**Police Now**, *HR & Ops Manager*  
**Police Now**, *HR & Operations Officer*  
**Prospertity Housing Group**, *Director*  
**Prospertity Housing Group**, *Registered Manager*  
**Prospertity Housing Group**, *Director*  
**Ramsay Health Care UK**, *Outpatient/ Recovery Sister*  
**Real Life Options**, *Health and Wellbeing Advisor*  
**Real Life Options**, *Health and Wellbeing Advisor*  
**Royal Brompton and Harefield NHS Foundation Trust**, *Trust lead nurse for mental health*  
**Royal Surrel County Hospital**, *Health and Wellbeing Lead for Oncology*  
**Royal Surrey foundation trust**, *Advanced nurse practitioner in GyneOncology*  
**Samaritans**, *Assistant Director, Research & Influencing*  
**Severn Trent Water LTD**, *Occupational Health and Wellbeing Specialist*  
**Severn Trent Water LTD**, *Occupational Health and Wellbeing Lead*  
**Sheffield Health and Social Care NHS Foundation Trust**, *Deputy Chief Nurse*  
**SLaM NHS Foundation Trust**, *Trust Head of Psychology and Psychotherapy*  
**SLaM NHS Foundation Trust**, *Staff Support Lead*  
**Southern Health NHS Foundation Trust**, *Chair of Southern Health NHS Foundation Trust*  
**Southport Hospital**, *EM Consultant*  
**Southway Housing Trust**, *HR Advisor*  
**St Mungos**, *Regionaal Health*  
**Stockport NHS Foundation Trust**, *Safeguarding and Mental Health Advisor*  
**Sussex Partnership NHS Foundation Trust**, *111 Sussex Mental Health Line Phone Operator*  
**The Charity for Civil Servants**, *Group Head of Innovation and Service Design*  
**The Charity for Civil Servants**, *Head of Wellbeing Services*  
**The Christie NHS Foundation Trust**, *andrew.wardley@nhs.net*  
**The Rothwerham NHS Foundation Trust**, *Head of Nursing – Emergency Care*  
**The Rothwerham NHS Foundation Trust**, *Matron, Integrated Medicine*  
**The Rothwerham NHS Foundation Trust**, *Matron, 0-19 Service*  
**The Rothwerham NHS Foundation Trust**, *Matron – Women’s Inpatient Services*  
**The Rothwerham NHS Foundation Trust**, *Surgical Matron*  
**The Rothwerham NHS Foundation Trust**, *Community Matron*  
**The Rothwerham NHS Foundation Trust**, *Superintendent Radiographer*  
**The Rothwerham NHS Foundation Trust**, *Matron, Outpatients Services*  
**The Rothwerham NHS Foundation Trust**, *Surgical Matron*  
**UHCW NHS Trust**, *CED Nurse Manager*  
**University Hospitals Coventry and Warwickshire NHS Trust**, *Sister*  
**Yeovil District Hospital NHS Foundation Trust**, *Matron*  
**Yeovil District Hospital NHS Foundation Trust**, *Senior Sister*  
**Yeovil District Hospital NHS Foundation Trust**, *Doctor*



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4<sup>th</sup> March 2021, Online

## [Working In Partnership to tackle Drug and Substance Misuse 2021](#)

11<sup>th</sup> March 2021, Online

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## Thank you for attending our conference.

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