



DementiaUK

Helping families face dementia

The Dementia Care Conference 2021: Working towards integrated care

Dr Karen Harrison Dening
Head of Research & Publications

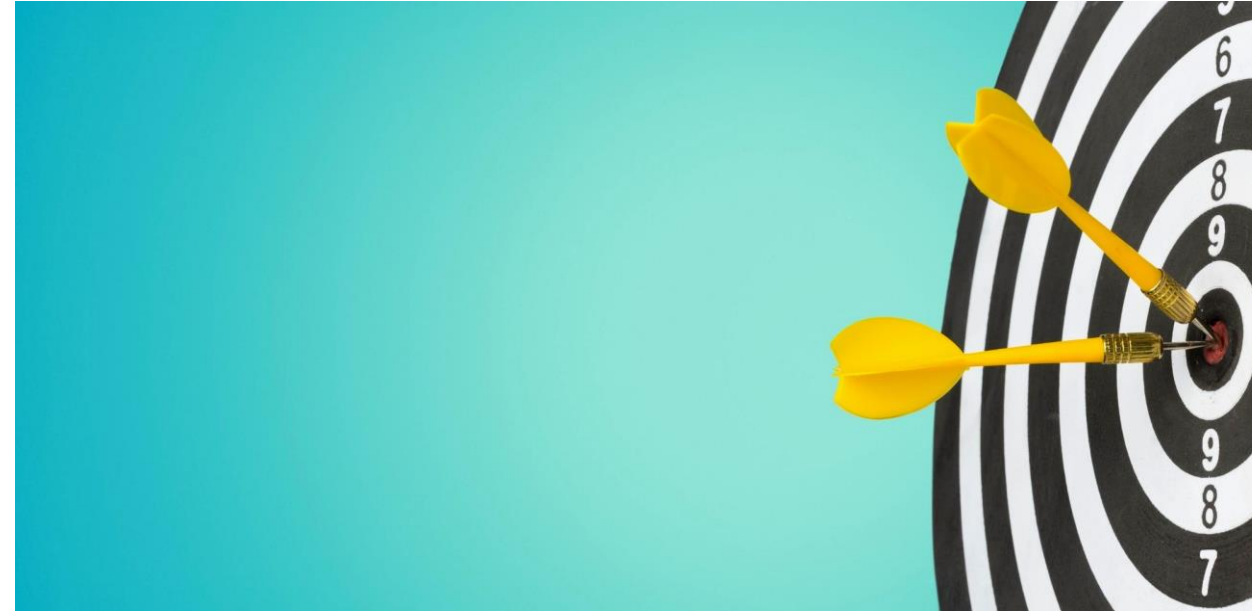
4th March 2021



**Government
Events**

Aims for this session

- Admiral Nursing
- Integrated care
- Level of need
- Responsive to need
- Adapting to a changing health and social care landscape



Admiral Nursing aims to

- Improve family carers' well-being and quality of life
- Enhance family carers' adjustment and coping with their caring role
- Improve the well-being and quality of life of the person with dementia
- Enhance the person with dementias' ability to adjust and cope with dementia
- Enhance colleagues' knowledge and experience of working with family carers and people with dementia

How do Admiral Nurses do this?

Family & relationship centred approach

Work in partnership

Specialist assessment & evidence based intervention

Promote and implement best practice

Provide supportive education

Provide psychosocial support for the carer and person living with dementia

Liaison with other professionals and organisations

Work in consultancy and supervisory role

Case management/coordination of care

Admiral Nursing: an integrated role

Working with families

- Bio-psycho-social assessment
- Person /relationship/family centred care
- Psycho- education
- Health promotion/risk prevention
- Psychosocial interventions
- Medication management
- Practical skills
- Coping strategies
- Advance Care planning & End of Life Care
- Counselling & Bereavement
- Individual, couple, family & group work
- Managing complex needs & co-morbidities
- Case management & care coordination

Supporting best practice

- Sharing expertise
- Advising & influencing practice of others
- Education and training
- Coaching, supervision & mentorship
- Developing partnerships across agencies
- Facilitating involvement of carer & person with dementia
- Strategic planning and policy development
- Leadership and quality improvement
- Service development
- Audit, Research and evaluation



We asked our Admiral Nurses to map how they work across the NHS Well Pathway for Dementia¹ to deliver expert clinical, practical and emotional support for families. This is what they told us:

Preventing Well

- Raising awareness
- Reducing stigma
- Health promotion
- Health checks
- Disseminating information
- Carer education
- Community engagement
- Preventative management of risks to health, e.g. falls, delirium, poor nutrition, reduced mobility, incontinence, polypharmacy, depression etc.

Diagnosing Well

- Peri-Diagnosis support
- Educating others about varying and atypical symptoms of dementia to improve early identification
- Specialist navigation of services
- Encouraging assessment
- Identifying barriers to seeking diagnosis

Supporting Well

- Specialist bio-psycho-social assessment
- Psycho-social interventions
- Family focussed interventions
- Managing and identifying co-morbidities and complex needs
- Person-centred care planning
- Developing coping strategies
- Non-pharmacological management of behavioural and psychological symptoms of dementia

Living Well

- Positive risk taking
- Managing transition
- Advance care planning
- Building resilience
- Symptom management
- Crisis prevention
- Relationship support
- Promoting independence
- Managing grief, loss and bereavement
- Enabling access to life outside caring
- Promoting/enabling inclusion and participation

Dying Well

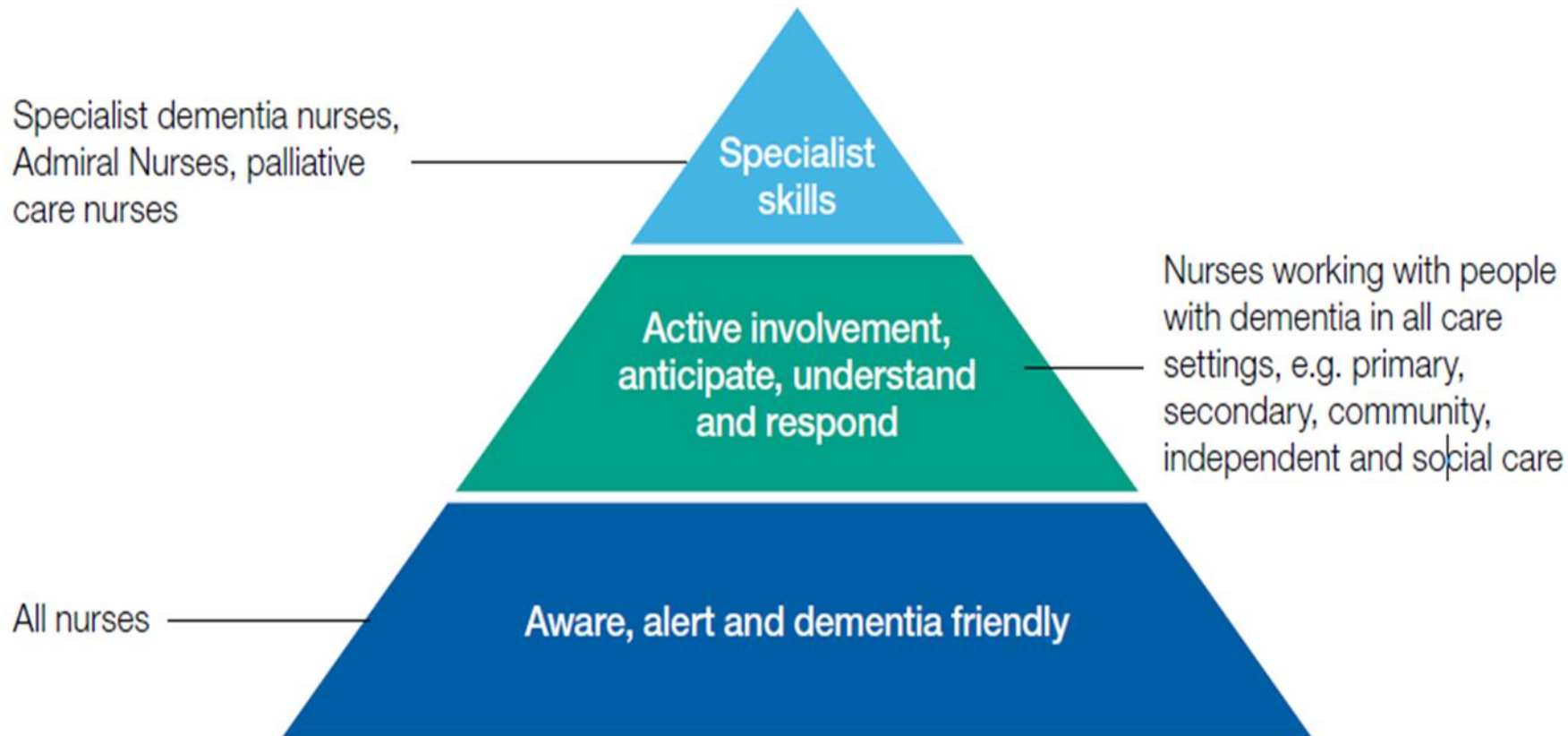
- Difficult conversations
- Improved identification and access to preferred place of death
- Recognition of end of life
- Pre and post bereavement emotional support and counselling for families
- Identification of prognostic indicators
- Symptom identification e.g. pain

Case management and care co-ordination, advance care planning, integration and partnership working, specialist support and advice for professionals, education and training, influencing policy and strategy continuity and communication, research and evaluation, promoting best practice, navigation of health and social care system, advocacy, counselling, reducing stigma.

¹ <https://www.england.nhs.uk/mentalhealth/wp-content/uploads/sites/29/2016/03/dementia-well-pathway.pdf>

Making a Difference in Dementia: Nursing Vision and Strategy (2016)

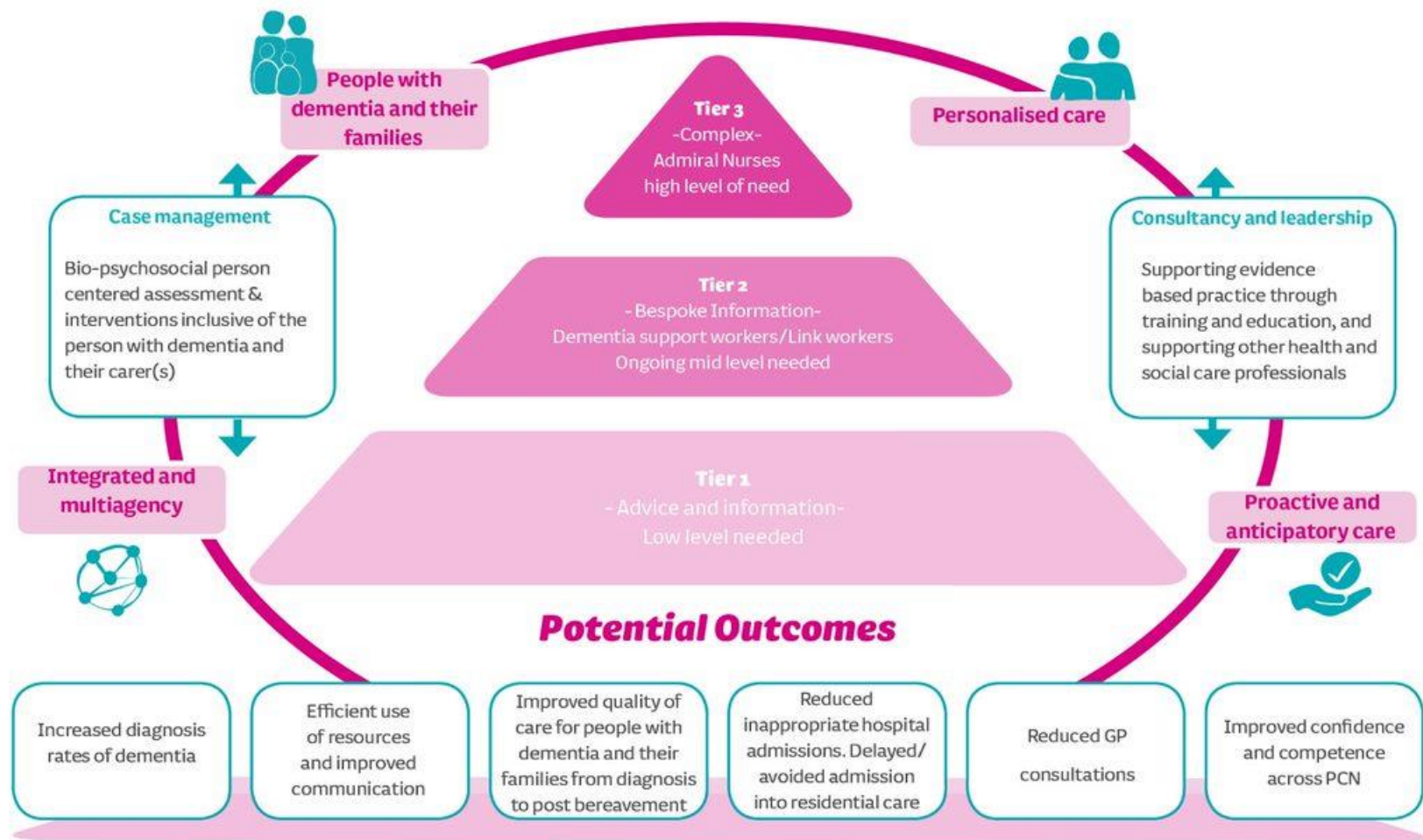
Levels of nursing involvement



Working towards integrated care

ABC model applied to MDT or PCN locality working

(adapted from Aldridge et al. 2019; Aldridge & Findlay 2015)



Working towards integrated care



It is important not to remain static

Admiral Nursing continues to adapt to health and social care strategy – Enhanced Health in Care Homes (EHCH)

ECHC outlines a framework to better support care home residents and their staff.

Collaboration between health, social care, third sector and care home partners.

A shift from usual reactive approach to proactive care that is centred on the needs of individual residents, families and care home staff.

Admiral Nursing is well placed to support the roll out of the EHCH framework:

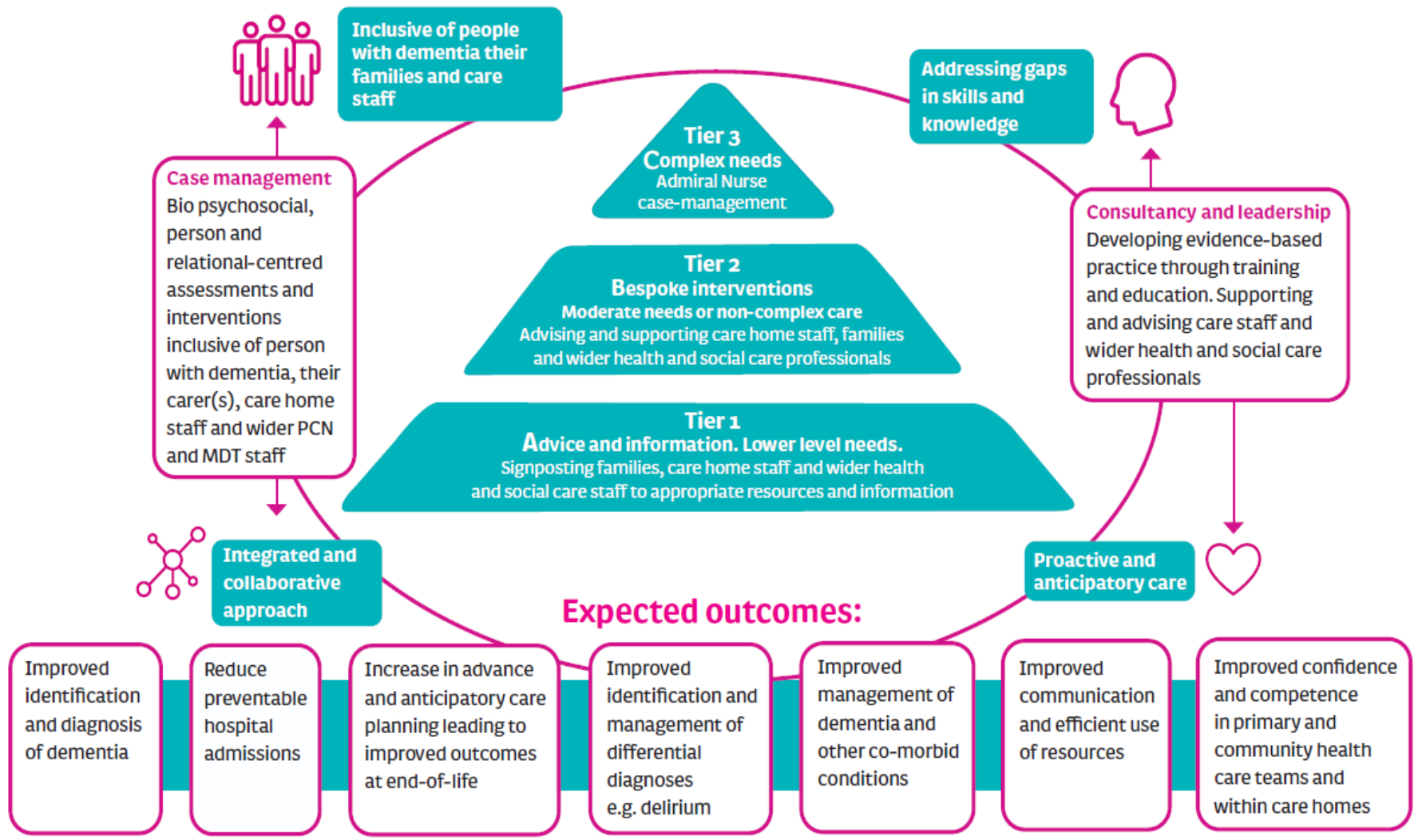
- Increasing recognition and diagnosis of dementia in care homes.
- Preventable hospital admissions
- Advance and anticipatory care planning
- Differential diagnoses
- Dementia and other comorbidities
- Communication and resource utility
- Increase confidence and competence to care

ABC model of Admiral Nursing applied to Enhanced Health in Care Homes

(adapted from Aldridge et al. 2020, Aldridge et al. 2019, Aldridge & Findlay 2015)



What might this approach look like?



Positive outcomes for families affected by dementia

Improved outcomes for family carers

- ✓ Lower levels of depression and anxiety in caring role
- ✓ Better access to information and supports
- ✓ Higher satisfaction in caring for family member with dementia

Improved outcomes for people with dementia

- ✓ Improved well-being and quality of life
- ✓ Better access to services and care

Reduced General Practitioner call outs

Reduced inappropriate acute hospital admissions

Reduced use of formal social care services

Delayed transition into care homes

Better support for generalist professionals

Thank you for listening



Karen.Harrison-dening@dementiauk.org

Working towards integrated care