



Ellen Goodey

Project Support Assistant
Mencap



Co-Chair

Sex & Relationships Steering Group at Mencap

“I consult with Mencap to help make sure there are accessible resources about Sex & Relationships available for everyone and I co-designed this presentation” – Ellen Goodey





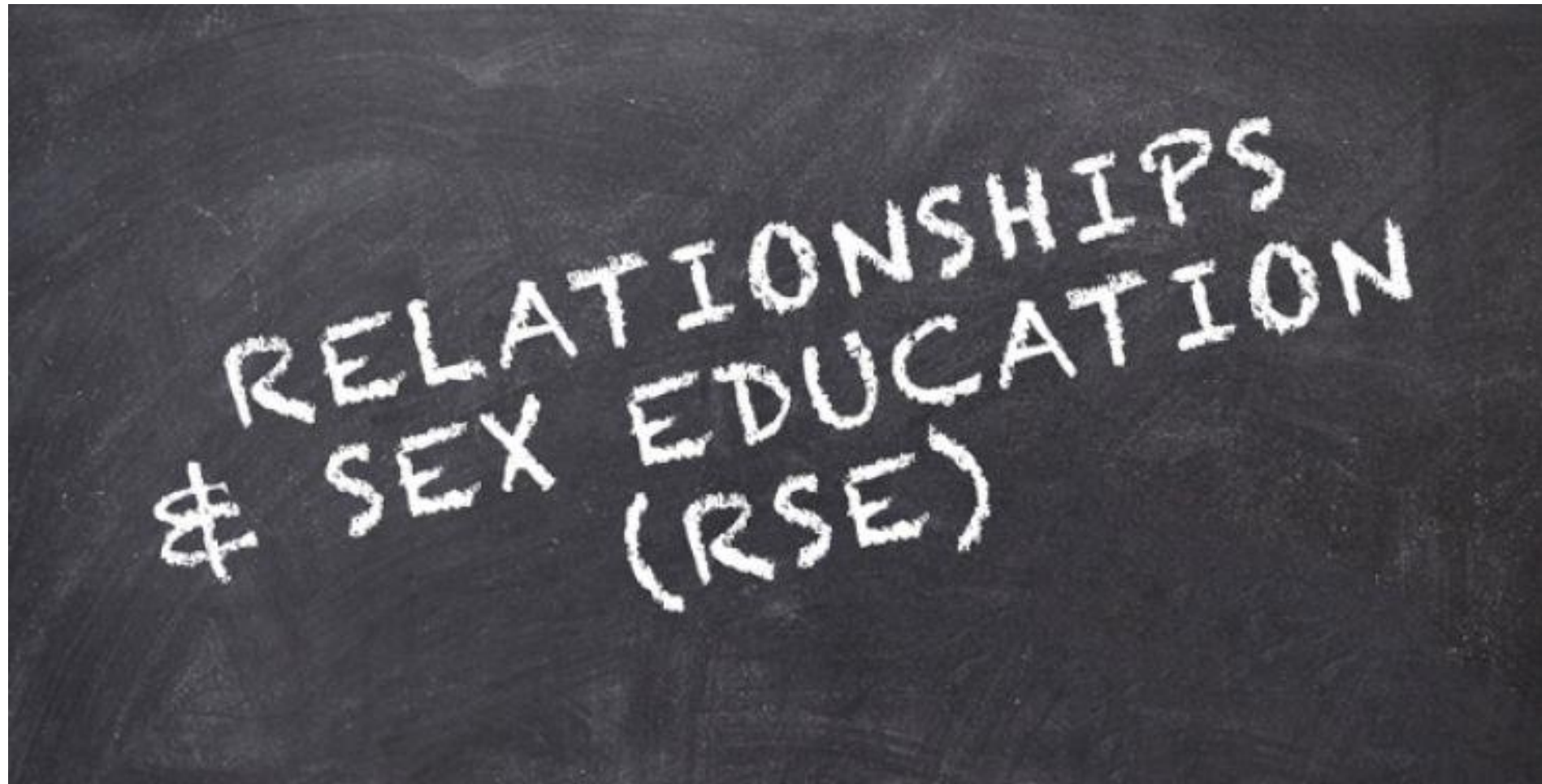
Here is a video I helped make

Relationships & Sex Education Teaching Methods

Teaching inclusively for pupils with SEND

Everyone has the right to learn about relationships and sex





Here are some tips for how you can teach RSE inclusively for everyone

Teaching methods that work

For pupils with SEND

Value fun, engaging techniques that ensure RSE is memorable and can be recalled, these also help to lessen embarrassment



Teaching methods that work

For pupils with SEND

Use a range of resources; visual, tactile, audio, consider using real life props e.g. shavers, tampons, deodorant, clothes.



Teaching methods that work

For pupils with SEND

Employ whole group activities such as Circle Time to create safe, welcoming spaces for every pupil to contribute and be heard.



Teaching methods that work

For pupils with SEND

Use different techniques to reinforce one topic e.g. a game, a story, a picture, where possible use an 'all channels' approach; see it, hear it and do it.



Teaching methods that work

For pupils with SEND

When answering questions, if you are not certain what the person is asking, seek clarification. The young person may be struggling with their understanding of social situations or wider concepts.



Teaching methods that work

For pupils with SEND

Use simple and straightforward language, key words, phrases and concepts that are repeated regularly and used outside of lessons, ideally with a clear supporting visual cue.



Teaching methods that work

For pupils with SEND

Have displays and resources up in school such as the 'ask before you touch' rule in class and displays about positive friendships around school.



Teaching methods that work

For pupils with SEND

Seek advice from specialist SEND staff such as teacher of the deaf / multi-sensory or vision impaired, about inclusion and accessibility strategies too



Thank you for listening!

‘RSE for disabled pupils and pupils with special educational needs’

You can get the full guide here:

<https://www.sexeducationforum.org.uk/sites/default/files/field/attachment/RSE%20for%20disabled%20pupils%20and%20pupils%20with%20SEN%20-%20SEF.pdf>

