

The Domestic Abuse Conference

Improving Protection & Providing Support

December 2021

Humraaz
Support Services



Offering Tailored Support and Refuge
for
Black and Minority Women

Humraaz - who?

- Led by and for **Black & Minoritised women and girls** service

Refuge Accommodation

- Holistic wrap around, trauma informed support package
- For women & children facing domestic violence, forced marriage, honour based violence, sexual abuse, FGM, social isolation

Community Services

- Safe space to engage via a central hub
- Support, skill development, opportunity to connect
- Volunteer


Professional Peer Support Group

- For professional BME Women
- Support & development
- Peer support meetings, networking, workshops and events

Humraaz - what?



Humraaz - why?

- Need for specialist service provision
 - Culturally in tune with the service user
 - Offer multilingual and lived experience
 - Represent the women we support
 - We understand complexities and multi-faceted barriers BME women face
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Humraaz - case study intro

➤ Hafsa, this is my story....



*“Can you help me,
they took my baby away from me?”*

Hafsa - types of abuse experienced

- Attempted or threatened murder
- Coercive control
- Domestic servitude
- Physical, emotional/ psychological, verbal
- Financial abuse
- Honour Based Violence
- Imposed isolation
- Neglect
- Obstruction of English language development
- Use of immigration status to exert control
- Using child to control her

Humraaz - key interventions & barriers/ failings

- At the Bed & Breakfast
- At Humraaz Refuge
 - Identifying Support Interventions
 - Putting Support in Order
 - Parenting
- Statutory failings
 - Court, hearings, conference calls
 - Lack of representation/support for Hafsa



Humraaz - professional peer support

ProDIGY: “Professional Development in the Greater You”

- offering peer support for professional women from ethnic minorities

name & logo created and
designed by a member

2 Driving Forces:

Committed to be for BME women:


- provide everyday BME women opportunity to sit at table to make strategic decisions
- however difficulty recruiting BME women trustees
- so asked
 - *How can we encourage women to recognise the skills they have to offer?*
 - *How can we raise awareness of the role of a trustee?*

Lack of support & understanding of:

- home & workplace expectations / challenges of BME women
- safe space to air shared experiences & express herself without any inhibitions or repercussions

ProDIGY is a response to all the above

Humraaz - insights into educating community women

- Improve life skills to improve livelihood
 - Enhance social integration
 - Improve chances of employability & financial independence
 - Impart knowledge to peers, other women and children
 - Improve parenting & rebuild relationships
 - Overcome barriers/limitations to accessing services
 - Awareness of self care & prevention / recognition of abuse
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Support Services



Thank You