Rotherham Doncaster and South Humber NHS Foundation Trust

Preventing Child Sexual Exploitation Conference:
February 2nd 2022

The Trauma and Resilience service: Establishing a whole system trauma informed approach to victims of child sexual exploitation: Learning from Rotherham.

Rotherham Doncaster and South Humber NHS Foundation Trust

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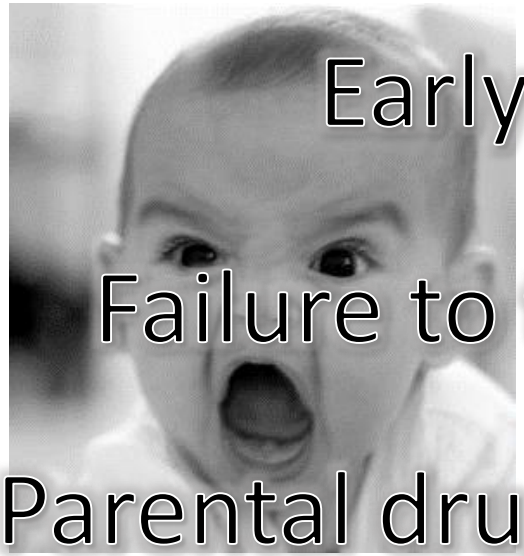
The Times Newspaper:
Image of **Rotherham**.

Jay Report 2014

Beyond
imagination

National Crime Agency:
The Stovewood Investigation



Early neglect

Failure to thrive

Parental drug abuse

Sexually abused by a family friend

groomed

Lives in poverty

Trafficked

Self harms

Suicide threats

Sexually exploited

Drug & alcohol dependency

Children removed into care

Drug and alcohol services

Pause

Domestic abuse support

Safeguarding

Housing

Adult mental health

Council services

G.P.

Voluntary sector

Looked after services

CAMHS

VARM

Child Protection Chairs

Sexual health

Vulnerability Midwifes

Social carers

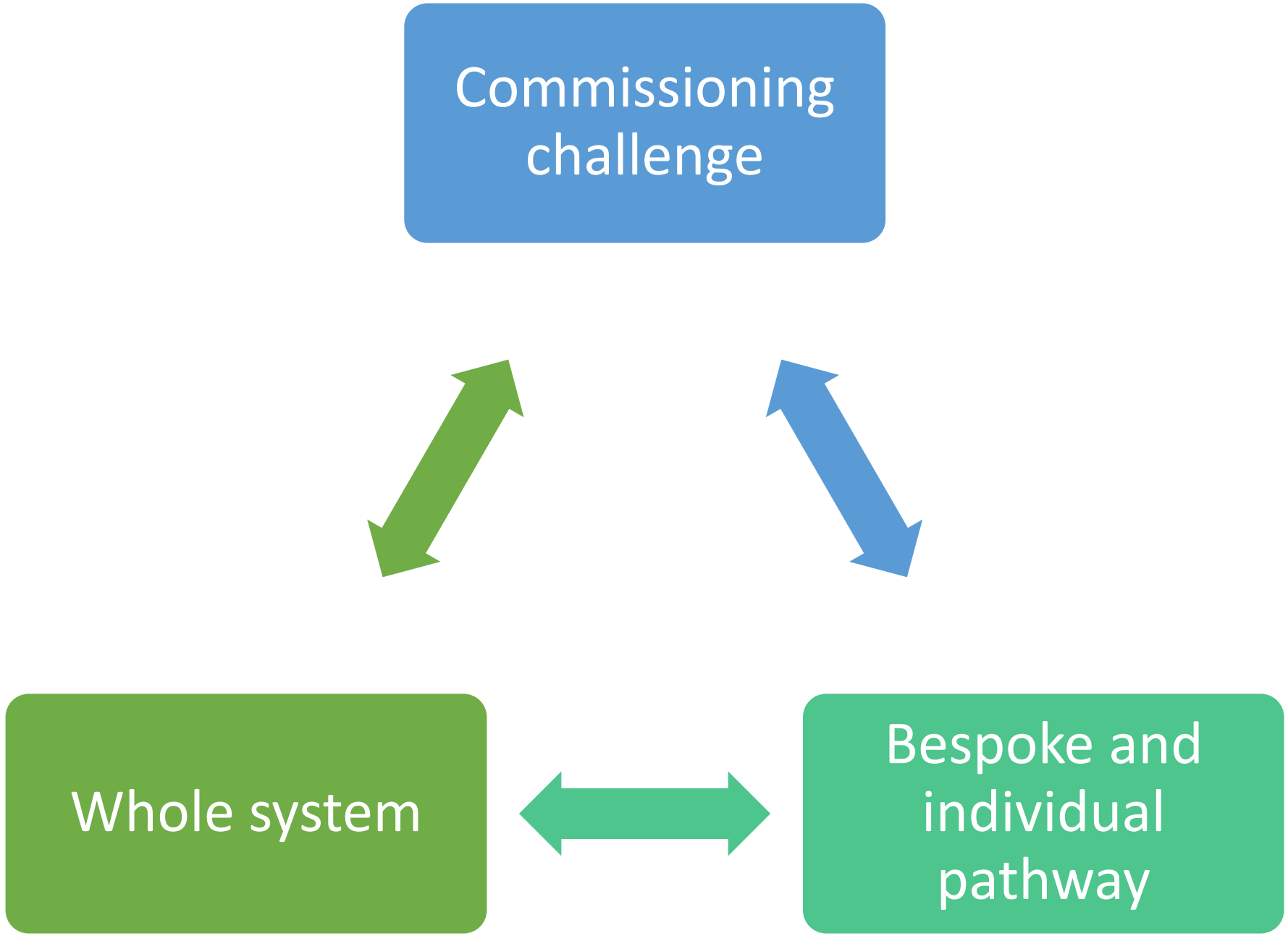
A&E

C-Marac

Police

Schools

NCA


Commissioning challenge
Whole system
Bespoke and individual pathway

Whole System Approach

Methods:

1. Free training in a range of trauma related topics ‘Trauma Matters’ across the service landscape.

2. Liaison, advice and consultation/reflective practice to individuals and teams (organisational development) access to senior mental clinicians (CAMHS/TRS)

3. Proactive outreach approach to supporting individual services where survivors may reside.

Building Bespoke Pathways

1. Commissioning services in the voluntary sector: Training staff, Supporting staff and promoting a ‘no wrong door’ approach.

2. TRS Partnership Hub: Rotherham Rise, GROW and Rothacs.

2. Interventions include: Trauma Stabilisation programme, focused support and specialist counselling.

NHS
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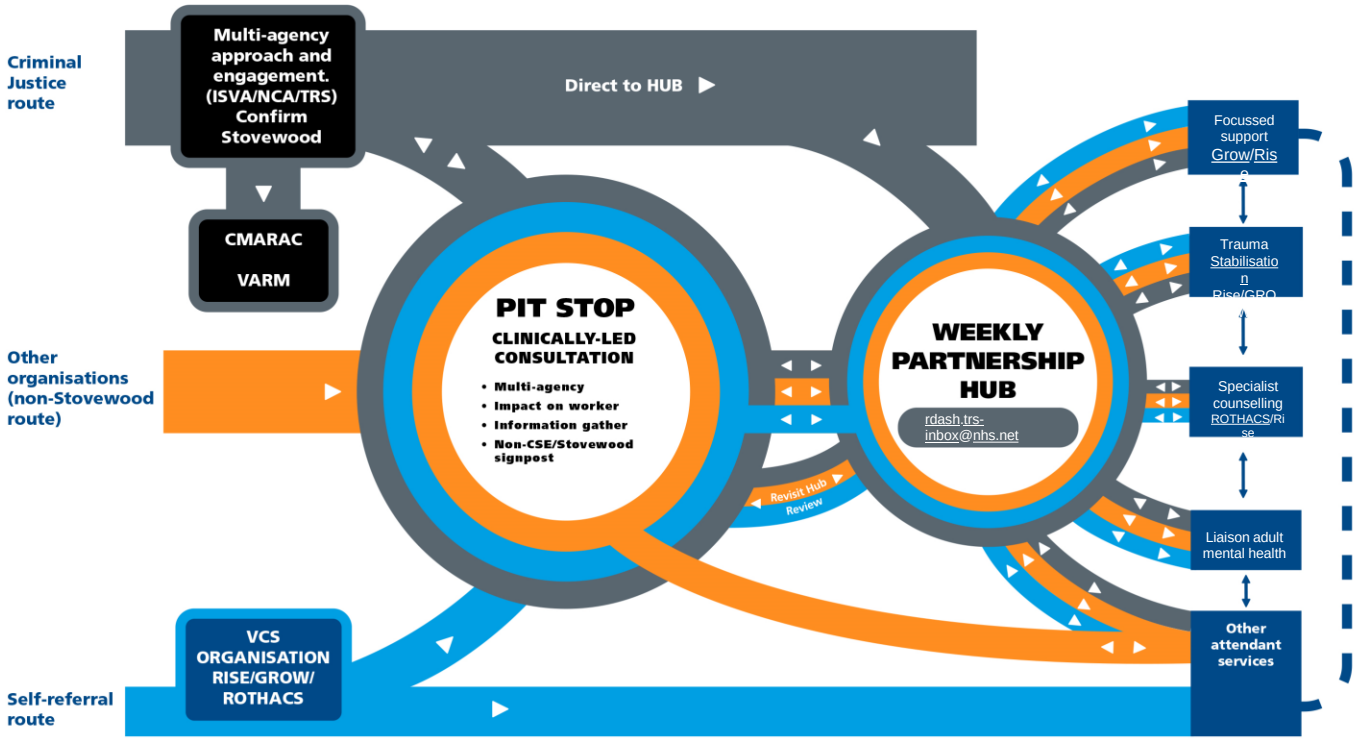
Trauma and Resilience Service
Rotherham Adult CSE Roadmap



'The Trauma and Resilience Service (TRS) Rotherham Adult Child Sexual Exploitation roadmap interfaces with key partner agencies in Rotherham supporting Children and young people affected by CSE and is also complimentary to the existing Under 18 CSE Care Pathway in Child & Adolescent Mental Health Services (CAMHS)'

Version 1 - June 2021

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Survivor voice and Sheffield Hallam evaluation.

- *It’s the first time in 20 years that I have felt that it wasn’t my fault’*
- I have learnt how to deal with my panic attacks, the flashbacks, disassociation, moods, and the cause to this and how to get through it, I've learnt the triggers to these and that I carry a lot of guilt that doesn't belong to me. I also don't feel alone in what I have been through, and that talking about the trauma I have experienced and the links to how I am at times is all connected and learnt that a lot is from childhood that I've carried into my life.
- I am now 37, and finally feel free, much stronger and positive and a weight lifted off my shoulders and I have learnt to give compassion to myself also.

Intergenerational issues: children of perpetrators and victims in the same playground.

TRS Schools Project.
Upskilling school staff with regards to complex trauma and complex families. Through training and consultation.

Wentworth Woodhouse
Rotherham, South Yorkshire