

INTERNATIONAL STAMMERING AWARENESS DAY VIDEO FOR STUDENTS

<https://youtu.be/WHMT4cFxUfs> (Click HD)

Or download directly from here:

https://drive.google.com/file/d/1cOqzz7ii_c53Q9nElr3L3HPZFPqiamXu/view?usp=sharing



Facts about stammering



A neurological condition that makes it physically hard to speak



Up to 8% of children will stammer at some point



Also known as “stuttering”



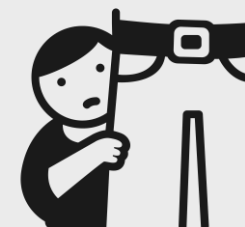
1-3% continue to stammer into adulthood



Can have a negative effect on mental health



Males are 3-4 times more likely to stammer than females



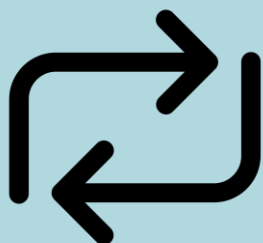
Some hide their stammer



Stammering covers a wide spectrum, everyone’s stammer is different



How to identify a student who stammers



Repetition of single sounds/words



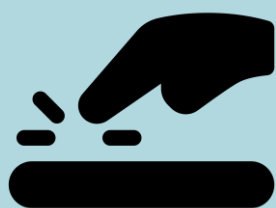
Stretching of sounds



Blocking of sounds, no sound coming out from mouth



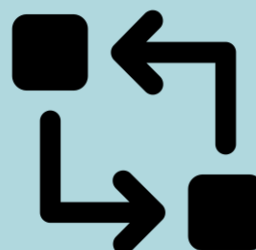
Stopping or pausing mid-sentence



Tapping their thighs/table for a coping mechanism



Facial tension around the mouth



Replacing words they get stuck on



May show signs of a reserved/disruptive personality



Dos and Don'ts when speaking to a student who stammers



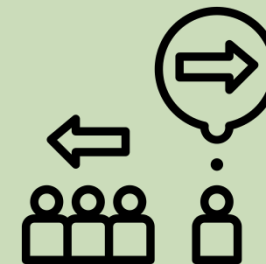
Don't interrupt/finish their sentences



Don't advise them on how to speak fluently



Don't make jokes about stammering



Don't treat them differently



Always maintain eye contact



Always encourage them privately, to take part



Always praise when they do something well



Always give them time to speak



I wish my teacher knew that..



Some days, I really don't want to talk



I dislike reading out loud in front of the class



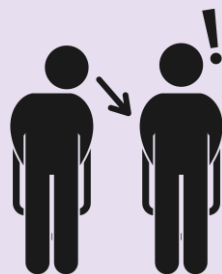
Tiredness makes me stammer more



Other children make fun of my stammer



I have so much to say but I'm too embarrassed



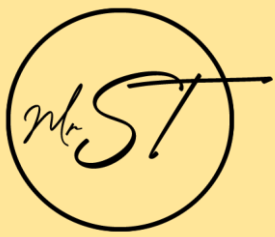
I dislike it when people finish my sentences



I dislike being put on the spot



Stammering makes me feel emotionally and physically tired



Reasonable adjustments for students who stammer



Speak to student to find out what they are comfortable with



Give 30 seconds thinking time before cold calling



Do not measure success by expecting quick responses



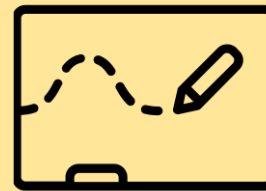
Allow a minimum of 25% extra time during oral tasks



Avoid high pressure situations like icebreakers, use post-it notes instead



Attend the student more often when circulating the classroom



Use mini whiteboards when checking for understanding for all students



Allow alternative responses to the register



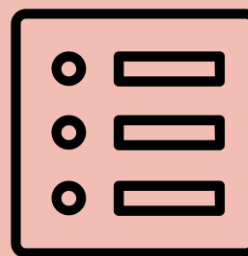
How schools can create a safe environment for children who stammer



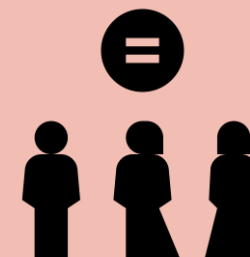
SENCO to raise awareness of stammering amongst staff



Educate staff on reasonable adjustments that can be made



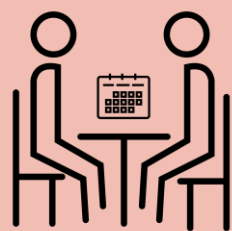
Make staff aware of those with a stammer and other SLCN



Continue to educate children about equality and diversity



Create a confidence building group for children with SLCN



Employ a speech and language therapist



Seek support from stammering related charities



Celebrate International Stammering Awareness Day on 22nd Oct



Do you have a friend who stammers? If so..



Continue being a good friend



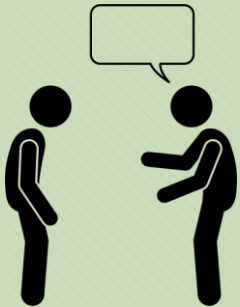
Ask them how they are if they look upset



Don't make jokes about stammering



Tell the teacher if your friend is being bullied



Don't interrupt/finish their sentences



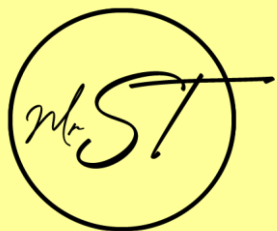
Give them time to speak



Help your friend if they want you to help



Don't treat them differently



If you're a person who stammers..



Stammer with confidence and a smile on your face



Be proud of who you are



Try your best in everything you do



Never give up on your dreams



Talk to your friends and teachers about stammering



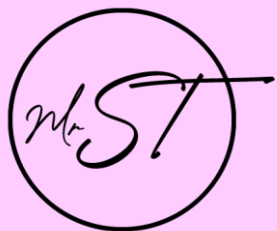
Tell your teacher what you're comfortable with



Tell your teacher how they can support you



Tell your teacher if someone is bullying you



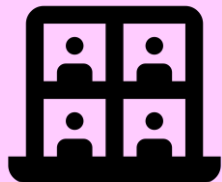
Mr ST's Stammer Support Group (5-16)



"Stammer with confidence"



Mr ST is a
maths teacher
who stammers



Free monthly
zoom sessions



Parent must
attend with
child



Confidence
building activities
ONLY



Register on:
[mr_sts_stammer_support_group.Eventbrite.co.uk](https://www.eventbrite.co.uk/organizer/mr-sts-stammer-support-group)



@mr.sts.stammer
supportgroup



@MSTstammerSGrp



stammerteacher@
gmail.com



Mr ST's School Stammer Support Group (5-18)



"Stammer with confidence"



Mr ST is a
maths teacher
who stammers



Free monthly
zoom sessions



School must
receive guardian's
permission



SENCO must
supervise group



Confidence building
activities ONLY



Register on:
[mr_sts_stammer_support_group.Eventbrite.co.uk](https://www.eventbrite.co.uk)



@MSTstammerSGrp



stammerteacher
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