

Exploring respect and relationships online:
online safety strategy building with children and young
people

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About Childnet



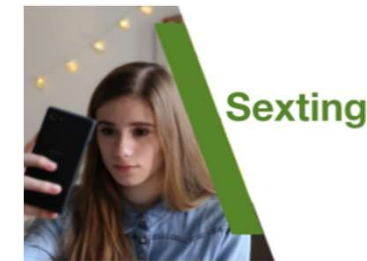
Educating young people, parents and carers and the children's workforce



Coordinating Safer Internet Day in the UK as part of the UK Safer Internet Centre



Creating innovative educational resources



Influencing policy and empowering youth voice



Inspiring digital creativity through our film competitions



Encouraging youth leadership through our Digital Leaders programme





UK Safer
Internet
Centre



Childnet



IWF
Internet
Watch
Foundation



SWGfL
Safe, Secure, Online

Supporting young people online

**Developing critical thinking
and strategy building with
children**

Resources for all ∨

Childnet's fantastic resources include toolkits, videos, lesson plans, family activities and much more!

54 results

Sort by relevance ∨

For

- 3-7 years
- 7-11 years
- 11-14 years
- 14-18 years

Topic

- Social media
- Grooming
- Digital wellbeing
- Online bullying
- Sexting and nudes
- Online pornography
- Parental controls
- Gaming
- Online sexual harassment
- Livestreaming
- Screen time

Online safety activities you can do from home

Online safety activities you can do from home

During remote learning young people will be spending more time at home than usual - with their families, and on devices.



Moving on up!

Helping young people with the online aspects of moving to secondary school



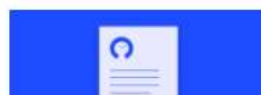
All fun and games?

Resources for exploring respect and relationships online, with a focus on gaming and interactive entertainment spaces



Online Safety Calendar

Our annual 'Online Safety Calendar' offers you engaging ways of incorporating online safety advice into the curriculum.



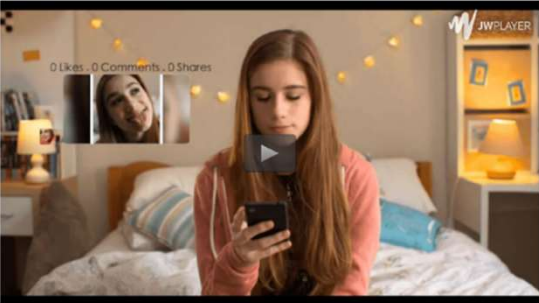
Online Sexual Harassment: Advice Leaflets

Advice leaflets, a short film and further information about online sexual harassment

From Childnet PSHE Toolkits

"Just send it" [Back to resources](#)

Just send it



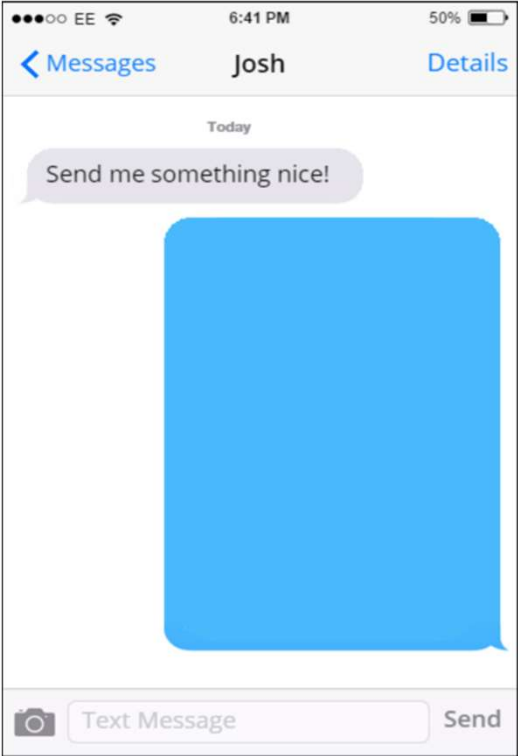
0 Likes · 0 Comments · 0 Shares

Contains moderate bad language and themes of bullying

PSHE Association
Quality Assured
Resource

PSHE Association

To download a copy of this film, right click this link and follow the download instructions.



Livestreaming Top Tips from Young People

Tip #1 Make positive choices – you can't edit

"Don't do anything bad because you can't edit it"

Boy, 12 years

"Don't stream things that you'll regret later as someone could easily screenshot it and post it elsewhere online so it stays online forever."

Girl, 18 years

"Don't do anything that you could get in trouble with on the live stream because many people have access to it."

Girl, 15 years



Tip #2 Decide who you share with – do you know them?

"People that follow you on the particular social media site can see everything you are doing, so if you don't feel comfortable with them watching you on the stream, then either block them or unfollow them. Especially with strangers! Remember that even if you don't know them, they can still see and hear everything on your stream!"

Girl, 13 years

Tip #3 Protect personal information – especially location

"When you are doing a live stream on any social media platform, make sure you didn't say exactly where you are. For example, if you were at a restaurant, it's okay to say that you're at a restaurant, just not which restaurant you're going to or where it is."

Girl, 11 years



"Be careful of the nature of the video before you click on it to view."

Girl, 17 years

Tip #4 Think carefully before you watch a livestream

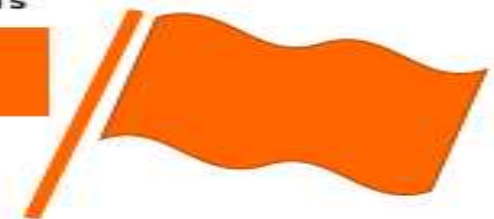
"Only watch live streams you think will be appropriate for you and not something your parents wouldn't want you to watch."

Boy, 13 years

Tip #5 Report anything abusive or inappropriate

"My top tip for live streaming is, make it private and report anything you don't like. Don't be the victim of any sort of live stream related bullying and if anybody "goes live" help them understand the consequences."

Boy, 15 years



Online sexual harassment

Unwanted sexual conduct on any digital platform

Between young people a form of sexual violence

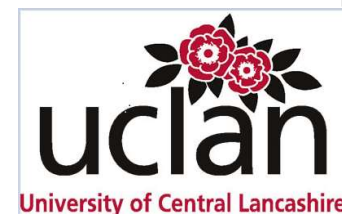
It can make a person feel
threatened, exploited, coerced,
humiliated, upset, sexualised
or **discriminated against.**

PROJECT

deSHAME



Co-financed by the
European Union



Online sexual harassment (Project deSHAME, 2017, Childnet, 13-17s)

Non-consensual sharing of intimate images and videos

- 51% have seen people sharing nude/nearly nude images of someone I know.

Exploitation, coercion and threats:

- 10% I was sent sexual threats online (eg rape threats)

Sexualised bullying:

- 64% I have seen people sharing things about someone else's sexual behaviour

Unwanted sexualisation

- 23% have received unwanted sexual messages and images in the last year (31% girls, 11% boys)

“It was late at night and I got a message on Facebook Messenger – it was from a boy at my school. It was pornography and then he started messaging me. I blocked him but I still get upset about it sometimes” Girl, 15, UK.

Supporting young people?

- 41% of schools said that Safer Internet Day led to disclosures about potential online safeguarding issues.

- Project deSHAME (13-17s):
Under-reporting of online sexual harassment among children

Top #5 barriers to seeking help:

#1

“Too embarrassed”
(52%)

#2

“Worried about what would happen next”
(42%)

#3

“Worried about being targeted by those involved”
(42%)

#4

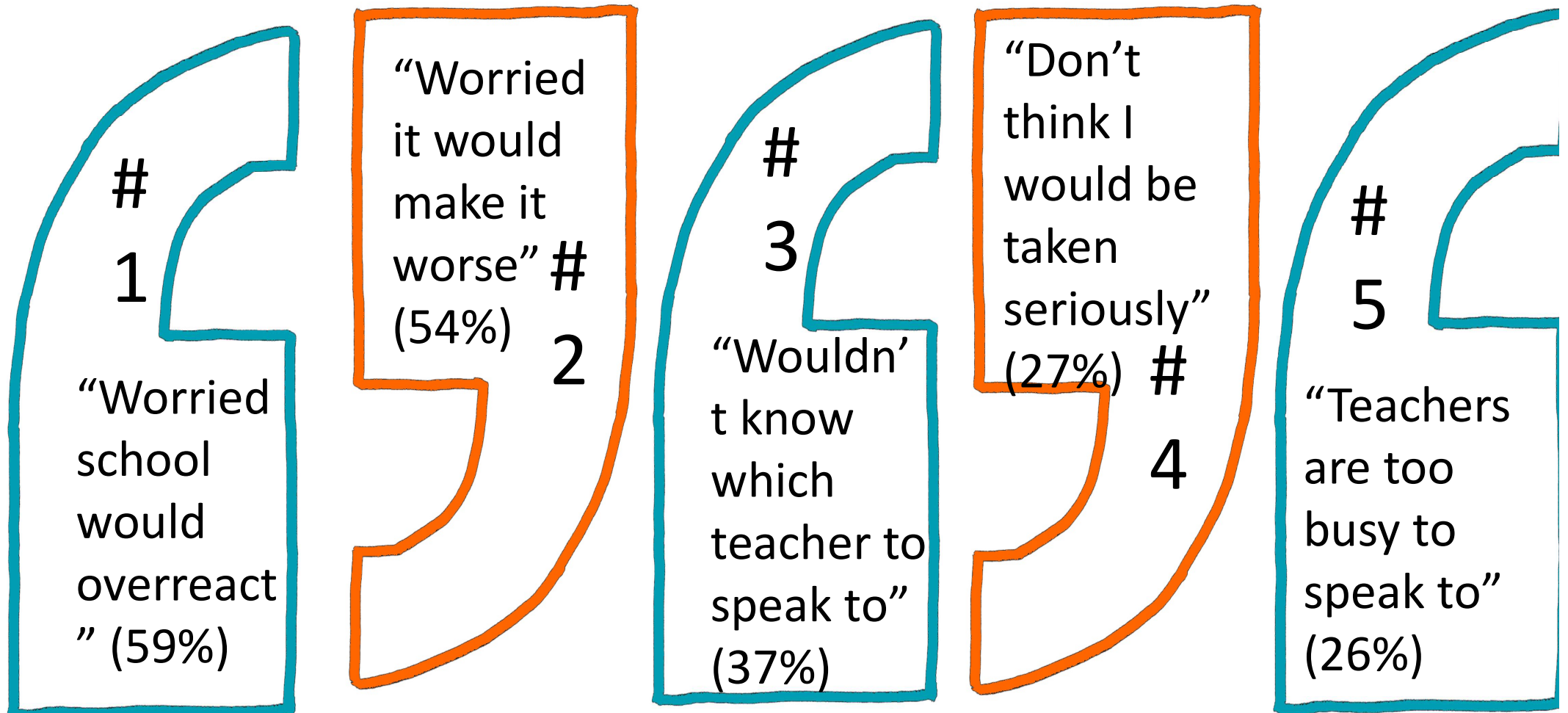
“Worried that they are to blame” (39%)

#5

“Would rather sort it out themselves”
(39%)

Top 5 barriers to reporting to teachers

(Project deSHAME, 2017, Childnet, 13-17)



Online sexual harassment amongst children and young people

The Ofsted review of sexual abuse in schools and colleges, June 2021: following the thousands of testimonies from children and young people to Everyone's Invited.

- “This rapid thematic review has revealed how prevalent sexual harassment and online sexual abuse are for children and young people. It is concerning that for some children, incidents are so commonplace that they see no point in reporting them”.
- “On our visits, girls told us that sexual harassment and online sexual abuse, such as being sent unsolicited explicit sexual material and being pressured to send nude pictures (‘nudes’), are much more prevalent than adults realise”.
- “As one girl put it, ‘It shouldn’t be our responsibility to educate boys’”.

The review included visits to 32 schools and colleges and spoke to over 900 children and young people.

\ Online sexual harassment amongst children and young people

The Ofsted review found:

School Leaders and teachers

- Consistently underestimated the prevalence of online sexual abuse
- Failed to identify sexual harassment and sexualised language as problematic.

Children and young people were rarely positive about the RSHE they had received.

- too little
- too late

Guidance

School inspection handbook

Updated 9 February 2022



During section 5 inspections, Ofsted will look at how leaders ensure that their school's culture addresses harmful sexual behaviour. Ofsted will expect;



schools to assume that sexual harassment, online sexual abuse and sexual violence are happening in the community, and potentially in the school, even when there are no specific reports



schools to have effective behaviour policies in place regarding harmful sexual behaviour.



the school's relationships, sex and health education curriculum (and wider curriculum) to specifically address sexual harassment, online abuse and sexual violence.



consider how schools handle allegations of sexual harassment, abuse and violence

If schools do not have adequate processes in place, it is likely that safeguarding will be considered ineffective.

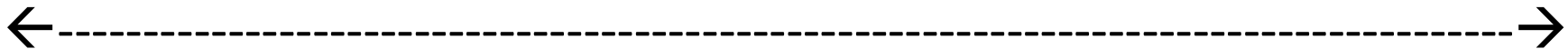
Online sexual harassment

- In activities on 'Recognising OSH':

Continuum activity: place scenarios on the line

Fun and flirting

harassment and abuse



Scenario sheet

1 Nifa was messaging with a boy. She really liked him, and was hoping their friendship could turn into a relationship. He asked for nudes, she wasn't sure, so avoided the question. He kept asking and asking, so she blocked him.

2 Kamil posts a few selfies online, then receives some anonymous comments describing his body in a sexual way and making sexual suggestions.

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4 Kira gets sent a picture of male genitals. The sender is a friend of a friend. She shows her friend and they laugh about it, then she deletes it.

5 Sasha's boyfriend kisses someone else while they are dating. She shares around nude pictures of him as she is upset and wants to hurt his feelings too.

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Guidance for Schools



Supporting children who display harmful sexual behaviour online



Staff training webinars

Step up, speak up
resources and
guidance

Teaching toolkit resources



Lesson Plans



Assembly Presentation



Peer Led Workshop



Films

+ Moving forward plan for supporting children who display harmful sexual behaviour online



Posters



Quiz

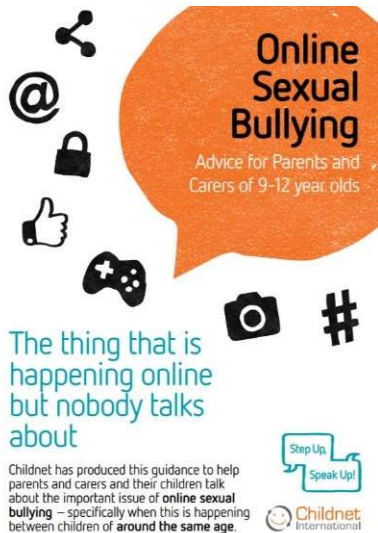


The starting point regarding any report should always be that sexual violence and sexual harassment is not acceptable and will not be tolerated. Especially important, is not to pass off any sexual violence or sexual harassment as 'banter', 'part of growing up' or 'having a laugh'.

Project deSHAME II – 9-12 year olds and parents



- Teaching toolkit:**
- Teaching guide
 - Lesson plans
 - Quick activities
 - Quiz



How do young people want you to help?

Our research showed us that lots of you talk to your children about their lives online but find this a more challenging topic. Young people have told us they do want to talk about this issue and how they would like you to support them.

Young people have told us that they want you to...

<p>Be</p> <ul style="list-style-type: none"> • Curious about their online lives • Available • Honest • Open to listen and learn • Reassuring • Patient 	<p>Avoid</p> <ul style="list-style-type: none"> • Overreacting • Judging or blaming them • Getting emotional or angry • Assuming you know how they feel • Threatening to or taking away their access to the internet
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Start a conversation

It is important to talk to young people about their lives online. Here are some ways that you can create a safe environment for those conversations:

- Regularly make time to listen and be available for a chat, just the two of you, with no agenda and no distractions.
- Ask open questions about your child's friends and the time they spend online. Include the online world in the conversations you have about relationships and growing up.
- Let your child know that they can come to you with any problem they have, and you will be there for them. They may need regular reassurance.
- Use a distancing technique – ask about what other young people at school go through or deal with online, so they don't have to talk about first-hand experience.

- Parents:**
- Film
 - 3 leaflets
 - Web content

\ Parent film





84% of digital leaders feel they can make a difference in their school

95% of teachers said the programme has impacted on a whole-school level



98% of Digital Leaders said they can help parents understand the issues young people face online





All fun and games? Exploring respect and relationships online. *What can we all do to play our part?*

- Primary category 7-11
- Secondary category 11-18
- Solo category 16-18
- Storyboard category

OPEN now. Enter by **Weds 8th June**



SAVE the DATE

Safer Internet Day

2023 | **Tuesday**
7 February

www.saferinternetday.org



INHOPE

ins@fe



**Safer
Internet
Day 2022** | **Tuesday**
8 February

Coordinated by the UK Safer Internet Centre

saferinternetday.org.uk





ALL FUN AND GAMES



Exploring respect and relationships online



Safer Internet Day 2022 equips young people with the skills they need to interact safely and respectfully while enjoying their online communities. From gaming to entertainment, respect is a key part of creating a safe space for everyone online.



Safer Internet Day 2022

All fun and games? Exploring respect and relationships online

54% of UK children aged 8-17 years heard about Safer Internet Day

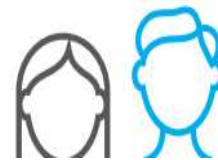
As a result:

- 84% have a better understanding of how to stay safe playing online games
- 80% feel more confident about what to do if they are worried about something online
- 78% are being more careful about what they do and say on social media or online games
- 72% spoke to someone about staying safe online - with 20% of young people speaking to someone about something that had been worrying them online

32% of UK parents and carers heard about Safer Internet Day

As a result:

- 67% talked to their child about using the internet safely
- 69% say they understand more about how to keep their child safe online



3,424



SAVE the DATE

Safer Internet Day

2023 | **Tuesday**
7 February

www.saferinternetday.org



INHOPE

ins@fe



Will Gardner

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“

"Support us every step of the way, even if you think we may have done something wrong."

Young person
from Denmark

”

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