



Government  
Events

# The Mental Health Services Conference Thursday 28<sup>th</sup> February 2023

## Event Guide





## Logging into EventsAir

You will receive your login details 24 hours prior to the event from [events@msp-av.co.uk](mailto:events@msp-av.co.uk), so please ensure you mark this address as safe to prevent it from going into the junk mailbox.

Please [click here](#) for an example of how the online platform will look. Please also see a [video](#) explanation on how to log into and use EventsAir.

**[GOOGLE CHROME IS THE RECOMMENDED BROWSER FOR THIS EVENT. CLICK HERE TO DOWNLOAD GOOGLE CHROME](#)**

## Our Loyalty Discount

This discount entitles attendees to a 20% discount on any future conference being run by Government Events in the next 12 months. Please quote code Loyalty20 at the start of your booking.

## How to Claim Your CPD Points

Regarding CPD credits, it is the individual delegate's responsibility to evaluate their learning and record it appropriately into their CPD portfolios according to your institute's requirements.

For this Conference, you are entitled to 8 CPD points.



# Welcome Letter

Dear Delegate,

Welcome to The Mental Health Services Conference 2023.

The demand for mental health services is on the rise across the UK. The Royal College of Psychiatrists has highlighted that the already high demand has been exacerbated by the Covid-19 pandemic and by recent concerns surrounding the cost of living crisis. With capacity, wait times and quality of services being a key challenge for mental health service providers, in 2021 the UK Government announced a £15 million Recovery Action Plan to help manage the increasing demand. Similarly, the NHS is investing around £2.3 billion a year in mental health services by 2023/24 through its Long Term Plan. To ensure all those struggling with their mental health can access the support they need, it is crucial that service providers come together to improve access to mental health services and deliver joined-up care.

- 1.62 million people were in contact with mental health services by the end of May 2022, as revealed by NHS Digital
- Demand for mental health services is higher among more deprived communities, according to the Office of Health Improvement and Disparities
- In 2020/21 the rates of detention under the Mental Health Act were 4 times higher for Black or Black British groups than for white groups
- 63% of adults starting substance misuse treatments in 2020/21 said they needed mental health treatment, according to the Office for Health Improvements & Disparities

At The Mental Health Services Conference 2023 you will hear the latest updates and guidance from leading experts and mental health service providers. Engage with high-level keynotes and best practice case studies covering a range of key topics, including delivering and improving access to wrap-around support for mental health patients, local partnerships, and co-production strategies. You will also have the opportunity to network with senior colleagues from across the sector, sharing challenges and solutions to reduce waiting times and improve the delivery of mental health services across the UK.

If you have any technical issues, please get in touch with our technical team through the support button at the top of the EventsAir platform.

We hope you have a rewarding and enjoyable day.

Yours Truly,

David Blake  
Government Events

Easiest Way to Stay Engaged All Year



INSIGHTS

[www.geinsights.co.uk](http://www.geinsights.co.uk)

Supporting the Public and Voluntary Sectors through Shared Learning and Best Practice







# INSIGHTS

Supporting the Public and Voluntary Sectors  
through Shared Learning & Best Practice



**SPECIAL  
DELEGATE  
OFFER**

Get 40% OFF and  
save £80 (RRP £199)

## Easiest Way to Stay Engaged All Year

You've attended the conference. Now keep up-to-date all year with the ongoing discussions and best practice from this event and all the others we produce – past, present, and future – plus much more.

Subscribe today using code **EVG40** and get unlimited access for less than 33p per day\*:

- 100s of case studies across all sectors
- Key sessions from ALL our conferences
- Best practice insights from government and public sector experts
- 30+ new uploads each month
- Exclusive articles/videos not available anywhere else
- CPD dashboard and points for everything you watch, read and hear
- Special offers on GE conferences and GovPD training courses



# WWW.GEINSIGHTS.CO.UK

Team booking discounts available for 5 or more subscriptions.  
For details, contact us at [ge-insights@governmentevents.co.uk](mailto:ge-insights@governmentevents.co.uk)



Government  
Events



**LOCAL GOVERNMENT | HEALTH & SOCIAL CARE | POLICE & CRIMINAL JUSTICE  
EDUCATION | HOUSING | EMPLOYMENT/HR | VOLUNTARY | DIGITAL & COMMUNICATIONS**

\*Excluding VAT and paid annually at £119.00 + VAT. Unlimited access for the duration of your subscription.



# Agenda AM

09:00-09:50 **Online Registration**

09:50-10:00 **Chair's Opening Remarks**

Rose McCabe, Professor of Clinical Communication, City, University of London

10:00-10:20 **Keynote: Transforming Mental Health Services: The Latest National Updates and Guidance**

Dr Sridevi Kalidindi CBE, National Clinical Lead, Getting It Right First Time, Mental Health Rehabilitation, NHS England and NHS Improvement, Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust

10:20-10:40 **Keynote: Delivering Improvements to Acute Mental Health Care and Crisis Support**

Sean Duggan OBE, Chief Executive, Mental Health Network, NHS Confederation

10:40-11:00 **Key Supporter Session**

11:00-11:15 **Comfort Break**

11:15-11:35 **Case Study: Supporting Young People to Transition to Adult Mental Health Services**

Dr Jon Wells, Clinical Lead for Young People's Services, Camden and Islington NHS Foundation Trust

11:35-11:55 **Case Study: Joined-Up Mental Health Services: Breaking Down Barriers Between Primary and Secondary Care**

Dr Ravinder Rana, Consultant Clinical Psychologist and Director of Therapies, East London NHS Foundation Trust

11:55-12:15 **Questions and Answers**

12:15-12:45 **Breakout Networking: Working Together to Drive Improvements in the Provision of Mental Health Services**

*This session will provide you with the opportunity to discuss the main challenges you face in working with local partners to deliver robust mental health care. It will allow you to share your experiences and solutions to improve the quality of services for patients in need of mental health support.*

12:45-13:25 **Lunch Break**

\*Programme Subject to Change



# Agenda PM

- 13:25-13:45 **Lived Experience: Understanding Patients and Supporting Them to Overcome Mental Health**  
Sarah Rae, Lived Experience and PPI Co-Lead, National Priorities in Mental Health programme, National Institute for Health and Care Research, and Co-Founder, PROMISE
- 13:45-14:05 **On Demand Case Study: Delivering a Multi-Agency Approach to Wrap-Around Care for Mental Health Patients**  
Peter Molyneux, Chair, Sussex Partnership NHS Foundation Trust
- 14:05-14:25 **Keynote: Tackling Inequalities in Mental Health Provision: Ensuring Accessibility for All Communities**  
Andy Bell, Deputy Chief Executive, Centre for Mental Health
- 14:25-14:45 **Questions and Answers**
- 14:45 **Chair's Closing Remarks**



# Speaker Biographies

## Rose McCabe

Professor of Clinical Communication, City, University of London

Rose McCabe is Professor of Clinical Communication at City, University of London and co-Director of the Centre for Mental Health Research at City. She is an Honorary Professor in East London NHS Foundation Trust, Devon Partnership NHS Trust and Queen Mary, University of London. Her research focuses on understanding patient experience, professional-patient communication, the therapeutic relationship and developing interventions to improve communication, therapeutic relationships and outcomes of mental healthcare. Central to this work is involving people with lived experience in designing and evaluating new approaches to care. Key concepts of interest include agency, coercion, epistemic injustice, trust and engagement. She works across a range of issues (psychosis, self-harm, depression, dementia) and treatment settings (inpatient and community mental health care, emergency departments, primary care). She also works with community organisations and schools to improve mental health and wellbeing.

## Dr Sridevi Kalidindi CBE

National Clinical Lead, Getting It Right First Time, Mental Health Rehabilitation, NHS England and NHS Improvement, Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust

## Sean Duggan OBE

Chief Executive, Mental Health Network, NHS Confederation

Sean Duggan has been Chief Executive of the NHS Confederation's Mental Health Network since 2016. Sean is dedicated to raising standards of care and treatment of mental health services and improving lives of those who use services and their carers. His focus is on influencing politicians, policy makers and heads of public sector organisations and other key stakeholders to deliver evidence-based intervention with a sound economic basis. Sean is a passionate supporter of multi-sector service delivery within mental health and has ensured this is reflected in the membership of the network, which has grown to include independent and third sector organisations, including digital providers and housing associations, under his leadership. Sean has championed partnership working within these specialist areas, leading to the establishment of the MHN's Digital Mental Health and Mental Health and Housing forums. Championing inclusion at all levels and the importance of the service user voice, Sean has overseen the creation of Service User and Carer Representative roles on the MHN board. Training as a registered mental health nurse in 1979 set the scene for a career motivated by passion for the profession and for the professionals within it. Sean ensures that mental health nursing is promoted at all opportunities, with the Mental Health Network and Nurse Directors Network's Aspiring Nurse Director Programme a recent project. To ensure the continued improvement of mental health services, Sean has influenced health policy on a national level; through his membership of the NHS Long-Term Plan steering group and chairing of the Mental Health Act Review's 'Addressing Rising Detention Rates' Topic Group. Sean has led on several health economic studies, many of which were eventually included in the NHS Long Term Plan and is pleased to be chairing the Mental Health Economics Collaborative which sees the MHN working in partnership with Centre for Mental Health and the London School of Economics. Criminal justice and prison mental health have been priorities for Sean over the past 30 years; in 2006 he joined the Sainsbury's Centre for Mental Health as director of Criminal Justice Programme, before becoming Chief Executive. Immediately before this, Sean was Director of Health and Social Care for Criminal Justice at the London Development Centre and offender health consultant for the Department of Health. Sean was awarded an OBE in the Queen's Birthday Honours 2022 in recognition of his services to public health. He was also awarded the President's Medal by the Royal College of Psychiatrists in 2013.

## Dr Jon Wells

Clinical Lead for Young People's Services, Camden and Islington NHS Foundation Trust

## Dr Ravinder Rana

Consultant Clinical Psychologist and Director of Therapies, East London NHS Foundation Trust

Ravi is a consultant clinical psychologist and joined the Trust in 2002 as Head of Psychotherapy in Tower Hamlets. She took up the role of Director of Psychological Therapies in 2014 and became Director of Therapies in 2018 to facilitate integration with the expanding Allied Health Professions (AHPs) in the Trust and widen the contribution of the therapies to meet the emerging demands of the population health agenda. Currently, in partnership with colleagues nationally, Ravi is developing and implementing a new apprenticeship in psychology (Clinical Associate in Psychology) to address chronic workforce shortages and to improve access to, and diversity in, the applied psychology professions.

Ravi has also worked extensively in Higher Education, both as an academic teacher and clinician, and continues to be involved in training and education.



## Sarah Rae

Lived Experience and PPI Co-Lead, National Priorities in Mental Health programme, National Institute for Health and Care Research, and Co-Founder, PROMISE

Sarah lives with ongoing mental health challenges. She was a National Mind trustee for nine years during which time she co-founded and co-led the successful PROMISE restraint reduction programme at the Cambridgeshire and Peterborough NHS Foundation Trust. Sarah also initiated the MINDS Study (Coproducting improved mental health acute inpatient discharge using a Systems approach) and is Co-Chief Investigator on this three-year project, funded by the National Institute for Health and Care Research (NIHR). She has always been a proponent of Patient and Public Involvement (PPI) and is the PPI Co-lead for the NIHR Applied Research Collaboration Mental Health Implementation Network. Sarah is actively involved with the pan-London Safety in Mental Health Settings project, and she is a member of the Q community, led by the Health Foundation.

## Peter Molyneux

Chair, Sussex Partnership NHS Foundation Trust

Peter Molyneux joined Sussex Partnership as Chair on 1 April 2018, having previously been Chair of SW London and St George's Mental Health Trust. Peter is also a Board Member of the Mental Health Network and the England Liaison for the International Initiative for Mental Health Leadership. He is the founder of Common Cause Consulting, a research and design consultancy that brings organisations together to promote social, economic and emotional well-being. He has written numerous reports and delivered programmes that change the narrative around mental health, build community resilience and create cultures of learning across organisational boundaries. Peter is a Visiting Fellow at the John Madejski Centre for Reputation at Henley Business School and Co-Chair of the health and Care LGBTQ+ Leaders' Network.

## Andy Bell

Deputy Chief Executive, Centre for Mental Health

Andy has been with Centre for Mental Health since 2002 and became Deputy Chief Executive in 2009. He has worked for more than 25 years in the voluntary sector, striving for equality and social justice through research, communicating evidence, influencing policy, and informing debate. Andy was the driving force behind the Commission for Equality in Mental Health, funded by the Elliott Simmons Charitable Trust, established to investigate inequalities in mental health. The Commission's work culminated in a final report, Mental Health for All, which set out what a system for equality could look like across communities, local and national government. He is at the forefront of Equally Well UK, a collaborative to support the physical health of people with a mental illness. He plays a pivotal role in facilitating the Local Authority Mental Health Challenge, which engages elected members across the country.





# Our Future Events

Please look at our website, [www.GovernmentEvents.co.uk](http://www.GovernmentEvents.co.uk),  
to view our future events. These include:

## [The Operating Theatres Conference and Exhibition 2023](#)

28<sup>th</sup> June 2023, Online

## [Improving Health Outcomes for Marginalised Communities 2023](#)

18<sup>th</sup> May 2023, Online

## [The Crisis Mental Health Services Conference 2023](#)

13<sup>th</sup> July 2023, Online

For any enquiries, please call 0330 0584 285 or email [Enquiries@governmentevents.co.uk](mailto:Enquiries@governmentevents.co.uk)



## Thank you for attending our conference.

We hope you found the day interesting and insightful. Speaker presentations will be made available to download on completing the post show survey which will be emailed to you within one week after the event.

Government Events, Office 315-6, Bouverie House,  
154 – 160 Fleet Street, London, EC4A 2DQ

T: 0330 0584285 W: [www.GovernmentEvents.co.uk](http://www.GovernmentEvents.co.uk)