



Ella's



Providing Wrap-Around
Support to People
Experiencing Gender-Based
Violence

Ella's



By Emily Chalke, Co-Director

Our mission is to do everything we can to ensure survivors of trafficking and exploitation have all they need to recover and build lives that are safe and free.

To achieve this, we offer:

- Safe house accommodation
- Intensive, tailored casework
- Community based support





Trafficking

Human trafficking is when people are forced or manipulated into working for the profit of others, often in abusive situations.

A more in depth description of trafficking is: the use of violence, threats or coercion to transport, recruit or hold people captive in order to exploit them for purposes such as forced prostitution, labour and servitude, crime or forced marriage.

49.6 million people around the world are trapped in modern slavery

79% of people trafficked are women and children

6.3 million people are being exploited in the sex trade

At Ella's, the majority of the people we work with are women who are survivors of trafficking. Most have been in the sex trade, others held in different types of forced labour. The majority have experienced multiple types of gender based violence including, trafficking, child sexual exploitation, domestic servitude, FGM and honour based violence.



At Ella's we understand these forms of violence against women and girls is a consequence of the unequal status of women in society.



The women we work with

- Our work currently benefits around 49 women and 30 children a year.
- The ages of the women we currently work with range from early 20s to late 50s. The majority are aged 26 to 35.
- The survivors we work with are from around the world, including the UK.
- Women are referred to us from a number of places
- The women we work with are among the most vulnerable in the UK- they have experienced layered abuse over time starting in childhood. As a result the needs are complex and multiple barriers to building a safe life.

Each woman we work with has a different story. But something they all share is that lives, their mental and physical health, have been hugely and negatively impacted by the cruelty and injustice that they have been through

Our approach is holistic, person-centred and is based on the belief that the women we support are experts of their own lives.

We aim to become more and more survivor-led, ensuring those with lived experience shape our work





Our casework is tailored to the needs of the individual. We work with each woman to form a recovery plan and work closely in collaboration with others. Casework support at Ella's typically includes help with:

Medical care/therapies – Emotional support – **Education/skills training** – Employment opportunities – **Reuniting with family** – Finding and moving into new homes – **Immigration and legal support** – Bringing abusers to justice – **Emergency money and essentials** – Budgeting/managing money – **Confidence/life skills** – Community integration – **Attending appointments** – Moving countries if required

The goal being...



Survivors of trafficking and exploitation have all they need to recover and build lives that are safe and free.

- **MENTAL WELLBEING:** survivor is able to live safely and independently, and has positive coping skills.
- **PHYSICAL WELLBEING:** survivor knows how to keep physically well, and their home environment is safe.
- **SAFETY:** survivor is free from immediate harm and able to identify and manage risk in people and situations.
- **ECONOMIC EMPOWERMENT:** survivor is able to make a safe and sustainable living, and manage their finances.
- **COMMUNITY:** survivor has positive relationships and a social network.
- **LEGAL PROTECTION:** survivor has access to and awareness of rights and protections.

Jeliah's story





Keep in touch:

Instagram: [ellas.org.uk](https://www.instagram.com/ellas.org.uk)

Facebook: [@ellascharity](https://www.facebook.com/ellascharity)

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Thank you!



