

Humber and North Yorkshire Health and Care Partnership

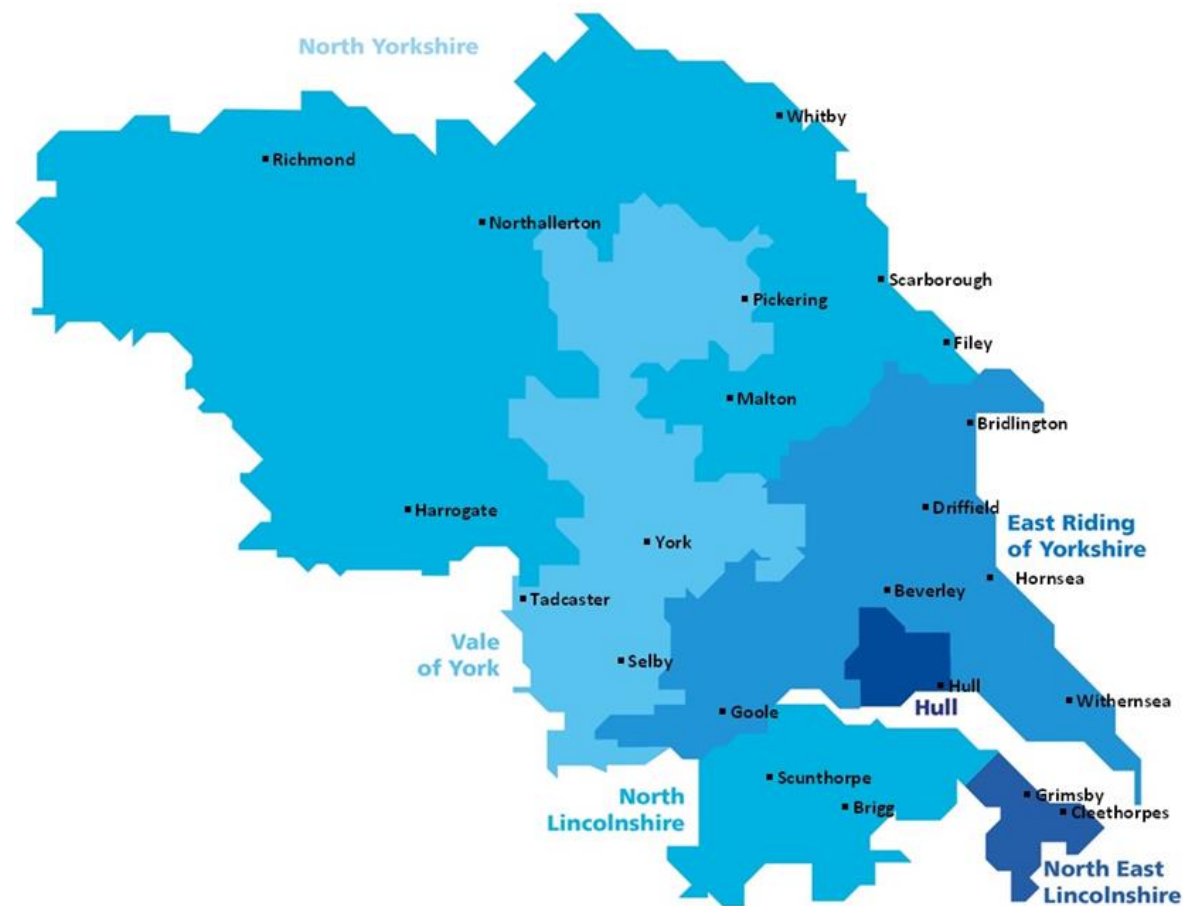
Mental Health, Learning Disabilities and Autism Collaborative Programme

Suicide Prevention

Jo Kent – Suicide Prevention Programme Lead

Humber & North Yorkshire

- Humber and North Yorkshire serves a population of 1.7 million people



Men

Men

- Work with Community Groups
- Targeting Barbers, tattooists, construction workers- offering them FREE Suicide First Aid Training
- Funded a range of grassroots projects
- Close links with Andys man club, supported them in increasing clubs within the area.

Mental Health Service

- Continually seek to improve the safety and quality
- Shared learning
- Completed the National Confidential inquiry into Suicide and Homicide toolkit- shared the learning from this with providers across the patch

Postvention

- Postvention often leads to prevention of suicides
- In all areas of HNY
- Two different services
- Increased referrals into the Together service
- Worked with the police to improve pathways
- QES

RTS

- Covers all areas of HNY
- 12 month data collection by the police- review and plan
- Identified where there are gaps e.g BTP, acute trusts, Coroners
- Supervision (Office for Health Improvement and Disparities)
- Working with the National team to put together guidance

Cluster & Contagion

- RTS has supported us in identifying C&C quickly
- Real buy in from areas
- Increase in work load for Public health leads
- Increase in referrals to postvention service
- Quicker access to support services for those who are bereaved
- Quicker access to support services for those affected

Cluster and Contagion outcomes

- Humber Wellbeing Hub (CIC)
- Lives saved
- Developments
- Winterton – Community
- Barton- Community- on-going work



Communication and Engagement

- Worked with grassroot projects across the patch
- Engaged with the public providing training across the area
- Over 20,000 people trained #Talk Suicide Training

Achievements

- Together service
- Real Time Surveillance and QES suicide surveillance system
- Cluster and Contagion
- Campaign and Branding
- Training
- Qwell service
- High sheriff award

What's next

To focus on

- Long term conditions
- Mandatory training
- MH group to take forward the conversation around Risk Assessments
- To continue with Information sharing agreements for FAS
- To continue work around data collection for those who self-harm/have attempted suicide
- Training, training and more training

Long term Conditions

- Rise in suicides across the patch
- To do a deeper dive into those who had long term conditions and who have died by suicide in order to get a deeper understanding of where there are issues.
- Delivered a workshop for stakeholders across the patch to identify gaps
- To develop an action plan and commence work with the LTC task and finish group

Children & Young people

- Acute work with C&YP
- Collaboration with C&YP programme
- To work with CYP programme and scope out which schools, colleges and universities across Humber and North Yorkshire, Health and Care Partnership, have bereavement and suicide prevention policies in place
- Are they fit for purpose
- To support the above in putting these in place where there are gaps

The End

Any Questions?