



Developing Community Capacity: Working with local organisations to embed suicide prevention practices.

Kath Rowe, Suicide Prevention Programme Manager



The Derbyshire
VCSE sector
Alliance



Derby City Council





Outline

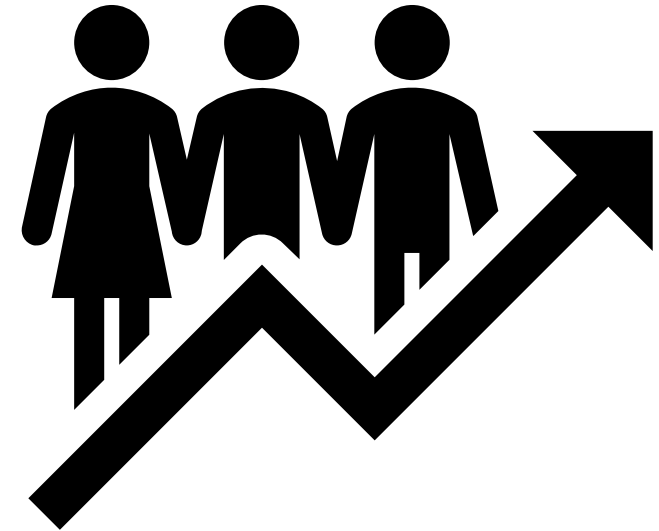
About the Programme

What we did

Progress so far

Learning and reflections

Questions





About the Derby and Derbyshire Suicide Prevention Programme



Fixed-term programme within Derby and Derbyshire ICS.

Partnership with large local organizations to act in ways which promote suicide prevention.

Primarily working with local NHS and local City & County Councils.



Suicide Prevention Programme staff and volunteers at Y Not festival, 2022



What we have done

Supported with letter promoting Suicide Prevention from the ICS Mental Health Board

Strategic top-down approach within organisations

Opportunistic interventions within organisations

Community engagement and outreach

Close collaboration with the VCSE sector via a team member in the Mental Health & Suicide Prevention team

Increased awareness and motivation across the system for Suicide Prevention





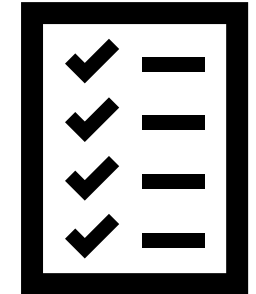
Progress so far



Almost 300 members of staff across the system accessing Suicide Awareness sessions so far



Joined Up Care Derbyshire (JUCD) Signed up to the National Suicide Prevention Alliance Suicide Prevention Toolkit Health Needs Analysis Standardised Suicide Prevention information on intranet sites		
University Hospitals of Derby and Burton (UHDB) Suicide Prevention Toolkit Wellbeing team incorporating suicide prevention into their role Train the Trainer- Suicide Awareness Leadership development team	Derbyshire Community Health Services (DCHS) Staff induction video Zero Suicide Alliance training on ESR Clinical risk process developed for staff within community teams	Derbyshire County Council (DCC) Suicide Prevention protocol for financial support services Plans for suicide prevention protocol to be rolled-out to wider teams within DCC Managers guide for suicide prevention



Ongoing work with Primary Care Networks to develop Suicide Prevention training package



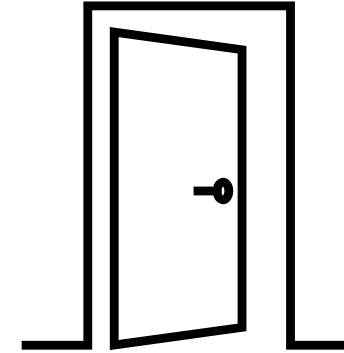
Feedback



“Sarah undertook the 20 minute Zero Suicide Alliance training after seeing it promoted. The brief training gave Sarah the confidence to ask a client who had said they were experiencing low mood a direct question about whether they were having thoughts of suicide, this led to an important conversation. We’ll never know the difference asking this direct question may have made. Sarah said before the training she’d not have known that using the word suicide, and asking directly, was the right thing to do.”

Learning and Reflections

- Momentum takes time and perseverance
 - Overcoming stigma
 - Quick wins & open doors
- Meeting organizations where they are at
- Developing self-efficacy
- Working as a system



Suicide Prevention Programme staff and volunteers at
Chesterfield Pride, 2022c





Any questions?

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